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**PRESS RELEASE**

FOR IMMEDIATE RELEASE

<GIRLGUIDING MEMBERS/BROWNIES/GUIDES/RANGERS> FROM ACROSS <REGION> RETURN FROM ACTION-PACKED <COUNTRY ADJECTIVE (FRENCH)> ADVENTURE

**{insert date}** Girlguiding Scotland members from <region/area> have just returned from an unforgettable girl-only trip to <country> filled with fun, friendship and adventure.

The group of <number of girls> girls ventured to <destination> where they visited <details of specific places of interest on trip>.

The members were able to partake in <activities undertaken on trip, any social action work or community projects>.

<quote from a girl>e.g. Ellie, 8, from 8th Perth Brownies said*: “I really enjoyed the trip to the South of France because it gave me a chance to see what life is like in a different country, as well as use some of the French I learned while doing my Interpreter badge.*

*“I made lots of new friends and learnt about a different culture while having a lot of fun!”*

The girls worked very hard to drum up <amount> towards the cost of the trip, raising the cash by <fundraising activities>.

<quote from a leader or volunteer> e.g. Angela, unit leader from 8th Perth Brownies, said: *“Giving girls a space to develop new skills, grow in confidence and enjoy new experiences is what Girlguiding Scotland is all about, so I was really excited to take our girls on a once-in-a-lifetime trip to <location>.*

*“Having the opportunity to travel abroad is so important as it offers girls the chance to learn about new cultures and gain new skills and independence while planning and fundraising for their trip.   
“The girls had a blast and I’m sure it’s an experience they’ll remember for years to come.”*

International travel is just one of many opportunities Girlguiding Scotland offers girls and young women.

As the leading charity for girls and young women in Scotland with nearly 40,000 members, their unique programme includes badges in everything from mindfulness to bushcraft, plus opportunities to enjoy outdoor adventure, gain awards, develop leadership skills, use their voice and take action.

If you’re interested in becoming a volunteer or know a girl who would like to join guiding, please visit [girlguidingscotland.org.uk](file:///C:\Users\ChloeBurrell\Downloads\www.girlguidingscotland.org.uk).

**ENDS**

**Notes to Editors:**

Photograph attached is of **<insert details of photographs>**.

For further information, images, interview requests please contact [chloe@girlguiding-scot.org.uk](mailto:chloe@girlguiding-scot.org.uk) or [press@girlguiding-scot.org.uk](mailto:press@girlguiding-scot.org.uk)

**About Girlguiding Scotland**

Girlguiding Scotland is a Scottish charity supporting almost 40,000 girls and young women and just under 9,000 amazing volunteers. Girls can do anything. We help them know that, whether they’re 4 or 18 or in between. All girls have a home at Girlguiding Scotland - whoever they are. We show them a world of possibilities, big and small. We help them think big and be bold in a space where they can be themselves, get creative, explore, and have fun. We’re a powerful collective voice – with girls, led by girls – changing the world for the better.

We’re made up of Rainbows, Brownies, Guides and Rangers from the Borders to the Highlands who come together to laugh, learn, explore and have adventures, in communities across Scotland and virtually. Our volunteers make guiding happen by giving their skills, time, talent and enthusiasm.

The Guide Association Scotland known as Girlguiding Scotland is a registered Scottish charity no. SC005548.