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**PRESS RELEASE**

FOR IMMEDIATE RELEASE

GIRLGUIDING SCOTLAND STAR FROM <REGION> RECEIVES TOP AWARD IN GUIDING

A Girlguiding Scotland star celebrated achieving the highest award in guiding on <date>.

<name>, <age>, from <region/area>,was presented with her Queen’s Guide award<presentation details, e.g. alongside other dedicated Girlguiding Scotland members from the local area at an event in <location>.

<name> took <number> years to complete the challenging Queen’s Guide award, a personal collection of tasks which must be completed before a young woman turns 26.

<name>, who is <local detail, e.g. studying engineering at the University of Glasgow>, selected personal challenges to tackle in fields including volunteering, social action, developing new skills and travelling to a new place.

<name’s> objectives included <details of challenges, e.g. travelling to Finland to take part in an arctic expedition, fundraising for a local children’s hospice and working with her Brownie unit to run a campaign against littering in their local area>.

The Queen’s Guide award is the highest award a young member, aged 16-30, can achieve in Girlguiding.

Members choose their own challenges, at their own pace, and work towards their award over a period of one to three years.

It aims to help young women gain skills and confidence for life and work.

<quote from award recipient talking about challenges she completed and what she gained from them> e.g: “*The Queen’s Guide challenge I am most proud that I set myself was running the Edinburgh half marathon.*

*“I raised <amount> for WaterAid and part of it was running this amazing half marathon dressed as a tap!*

*“I also organised a sleepover for 100 Brownies so they could experience the independence of being away from home with their friends – no parents allowed!*

*“Working towards my Queen’s Guide award was a big challenge but it’s been so rewarding.*

*“I’ve gained new skills and the confidence to take the lead, not just in Girlguiding but in other areas of my life too.”*

If you’re interested in becoming a volunteer or know a girl who would like to join guiding, please visit [girlguidingscotland.org.uk](file:///C:\Users\ChloeBurrell\Downloads\www.girlguidingscotland.org.uk).

**ENDS**

**Notes to Editors:**

Photograph attached is of **<insert details of photographs>**.

For further information, images, interview requests please contact [chloe@girlguiding-scot.org.uk](mailto:chloe@girlguiding-scot.org.uk) or [press@girlguiding-scot.org.uk](mailto:press@girlguiding-scot.org.uk)

**About Girlguiding Scotland**

Girlguiding Scotland is a Scottish charity supporting almost 40,000 girls and young women and just under 9,000 amazing volunteers. Girls can do anything. We help them know that, whether they’re 4 or 18 or in between. All girls have a home at Girlguiding Scotland - whoever they are. We show them a world of possibilities, big and small. We help them think big and be bold in a space where they can be themselves, get creative, explore, and have fun. We’re a powerful collective voice – with girls, led by girls – changing the world for the better.

We’re made up of Rainbows, Brownies, Guides and Rangers from the Borders to the Highlands who come together to laugh, learn, explore and have adventures, in communities across Scotland and virtually. Our volunteers make guiding happen by giving their skills, time, talent and enthusiasm.

The Guide Association Scotland known as Girlguiding Scotland is a registered Scottish charity no. SC005548.