




Step Up, Be Bold, and Lead.

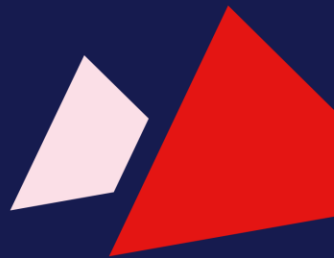
Juliette Low Seminar 100 Girls Project 2023
Challenge Pack
Emily Arrowsmith



Hi, I'm Emily! I was very lucky to be selected for the 2022/2023 Juliette Low Seminar as a Girlguiding Scotland representative. This is a WAGGGS lead seminar all about developing leadership in young women. Part of this seminar is to pass on these skills to 100 girls in our local areas – this is called the 100 Girls Project.

This challenge pack is how I'm reaching 100 girls, I'm focussing on how we can engage young women in politics, as we are the demographic who are least likely to vote.

I want our voices to be heard.



Note to leaders

This pack is for Guides and Rangers. It has been designed to focus on women in politics without touching on individual political parties, or talking about political beliefs. According to research, women between the ages of 18-24 are the least likely to vote.

This issue is so important to girls and young women across Scotland. The Girls in Scotland research carried out by Girlguiding Scotland in 2018 found that 57% of girls thought politicians had little to no understanding about the issues that face them, and only 14% would consider a career in politics.

This must change.

When using this pack, you can enhance some of the activities through appealing to the interests of the girls. For example choosing a debate topic that they have some knowledge about already, and relating the discussions to issues that effect them (e.g. exams, curriculum, period poverty, climate change, etc).



- Guides complete 2 activities.
- Rangers complete 3 activities.

When your unit has completed this pack, could you send any completed evaluation forms to: emily.arrowsmith@hotmail.co.uk.

Could you also let me know how many girls aged 12-18 participated? Thanks!

What makes a leader?

Learning about women in politics from around the world.

Aim:

This activity will get the Guides and Rangers thinking about which women leaders they know, and what makes them a good leader.

You'll need:

- ✓ Information cards from the end of the pack
- ✓ Sheets of paper with the outline of a person drawn
- ✓ Pens

Directions:

1. With the whole unit, get the Guides/Rangers to name some women leaders from around the world. These can be women in politics, campaigners, or women who run their own business.
2. Listen to all of these names, and then tell them that the focus of the night is on women in politics and political leadership.
3. Split Guides/Rangers into small groups of around 4 or 5.
4. Give each group a copy of the information cards from the end of the pack, give a sheet of paper with a person outline to each group, and some pens.
5. Ask the Guides/Rangers to read through these story cards, and once they have, make a list of skills or qualities that they see from these women leaders.

Debate it!

Host your own unit debate – just like Parliament.

Aim:

This activity helps Guides and Rangers to develop their debating skills. They will learn how to think about their opinions and why they think that, communicate, and argue effectively.

You'll need:

- ✓ Debate argument template sheet.
- ✓ Chairs

Directions:

1. As a whole unit, have a discussion about what you would like to debate. Here are some example topics if the girls are struggling: "Should we increase the number of places that free period products are available?", "We should increase funding to encourage young women into politics", "should we be doing more to tackle climate change?".
2. Split the unit into half, if you have a large unit, split into smaller groups.
3. Give each group a debate sheet, one group will be arguing for, and the other against. Encourage them to each contribute something to the sheet, and prepare them to each say something in the debate.
4. After 15 minutes, call the unit together again, it's time to debate! Pick 1 Guide/Ranger to be the chair and mediate the debate.
5. Follow the debate sheet structure, have opening arguments from each side, then points for and against, and closing arguments.
6. Have a brief chat at the end about how it went, for this, it doesn't matter which side won, but take note how it felt to argue your opinion. Did you all debate calmly? Were voices raised? Do you think this is how politicians should act?

From TikTok to ballot

We're working hard to get young women to vote...over to you!

Aim:

Time to turn it over to them. Guides/Rangers to create a TikTok/short video sharing why young women should engage with politics, and when the time comes, register to vote.

You'll need:

✓ Phones

Directions:

1. Split girls into patrols/small groups.
2. Get them to think about why it's important to engage in politics, and why it's important to register to vote.
3. Using 1 phone per group/1 phone per unit that can be passed around, get each group to record a short video, like something they would see on TikTok. Make these videos catchy, snappy, and appealing to other young women their age.
4. Come together as a unit to watch these videos.
5. Go ahead and post them if you everyone has photo consent and are old enough to be on the app (13+). If you post them to Instagram, tag Girlguiding Scotland so they can see.
6. This activity will tick off a clause of the "Voting" badge for Rangers.

What do you believe?

Learn what a manifesto is, and create your own.

Aim:

This activity will let the Guides/Rangers showcase their creativity and really explore an issue they're passionate about.

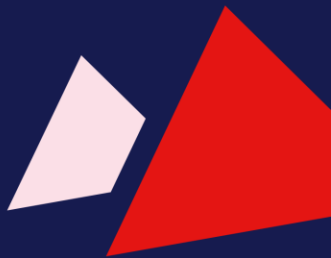
You'll need:

- ✓ Paper
- ✓ Pens

Directions:

1. Introduce what a manifesto is to the unit. Definition here: A statement declaring the beliefs, aims and policies of a person/organisation.
2. Ask Guides/Rangers if there is something that they are very passionate about that has a political edge, this could be at a country/global level like Climate Change, Gender Equality, or even space exploration, or at a more local level like having more buses running, introducing a new subject at school, or what they think should happen at Guides/Rangers.
3. Give Guides/Rangers pens and paper and get them to create their own manifesto. They can write one, make a poster, create a comic/story, or make a video!
4. This might be something they need to complete at home, this activity will tick off a clause of the "Women's Rights" badge for Rangers, so get the Rangers to send you proof they've finished it.
5. I'd love to get photos of these, could you send any that you are willing to share to: emily.arrowsmith@hotmail.co.uk

Supporting Material



What makes a leader?

Information cards for the activity

Emmeline Pankhurst

Emmeline Pankhurst is one of the most famous women involved in women's suffrage. She was brought up in a politically active family, and became involved in women's suffrage in 1880. She went to her first suffrage meeting aged 14 years old with her mother. Later in her life, she formed the Women's Social & Political Union when her local branch of the Independent Labour Party refused to admit women as members. She was imprisoned multiple times for things like demonstrations, window smashing, arson and other militant actions. She went on a hunger strike when imprisoned. These efforts were put on pause during the WWI, but by 1918 attitudes towards women had shifted, and women over 30 who owned property were awarded the right to vote. It took a further 10 years for women to have the same voting rights as men, with the age limit reduced to 21, without and property restrictions.

Zarah Sultana

Zarah is an MP for Coventry South, and was elected to her position in the 2019 General Election. She is a Labour Party politician, and was elected at 26 years old. She was raised with a working-class background.

Throughout her political career she has been outspoken about the effects of austerity on places like Birmingham where she grew up. She has a strong internet presence, and has been called the "MP for Twitter". She regularly posts videos of her speeches from within the House of Commons to engage with voters through social media.

She has been a strong campaigner against male violence towards women and girls, as well as anti-racism. As a Muslim of Pakistani descent, she uses her own experiences of Islamophobia in the UK.

Zarah is a great example of a young woman elected to Parliament.

Laura Coryton

Laura is not a politician, but she is a political activist. She is known for her campaign on the tampon tax. She was a student when she first launched her campaign "Stop Taxing Periods" in 2014. By 2016, the campaign had over 320,000 signatures and had gained recognition from around the world. The government had taken notice in 2015, but were slow to action, citing problems with getting rid of VAT due to EU laws.

Laura's campaign was named by the government in 2015 in a pledge to end the tampon tax, and in 2016 Parliament had created legislation to eliminate the tampon tax. This was expected to come into effect in 2018, but it took until 2021 for the tampon tax to be abolished.

Laura is a key example of how we can use the internet and petitions to create change.

What makes a leader?

Information cards for the activity

Jacinda Ardern

Jacinda Ardern is the ex-prime minister of New Zealand. She was elected at age 37, becoming the youngest prime minister of New Zealand in 150 years. She became involved in politics at 17, working in the offices of established politicians. She entered the House of Representatives at age 28, and immediately campaigned for the inclusion of the Māori language into New Zealand schools.

Throughout her time in politics she has campaigned to boost the wellbeing of children and families, she prioritised climate action, LGBTQ+ issues and closing the gender pay gap.

Ardern's strategy to combat gun violence, as well as her handling of the Covid-19 pandemic have been praised internationally. She has been consistently ranked amongst the most powerful women in the world by Forbes, ranking 34th in 2021.

Alexandria Ocasio-Cortez

Alexandria Ocasio-Cortez (AOC) is the youngest woman and youngest Latina to serve in the US Congress.

She had been involved in politics since she went to university and interned in the office of Senator Ted Kennedy. During the 2016 presidential election, she volunteered for Bernie Sanders which allowed her to develop skills in organising for politics and activism.

When running for office herself, she ran her campaign mostly with volunteers, with endorsements from civil rights and progressive organisations. In comparison, her opponent benefitted from endorsements from other elected officials and large organisations, he also outspent AOC 10-1.

As of 2022 AOC has sponsored or co-sponsored over 100 pieces of legislation through the House of Representatives, 15 of these have become law.

Greta Thunberg

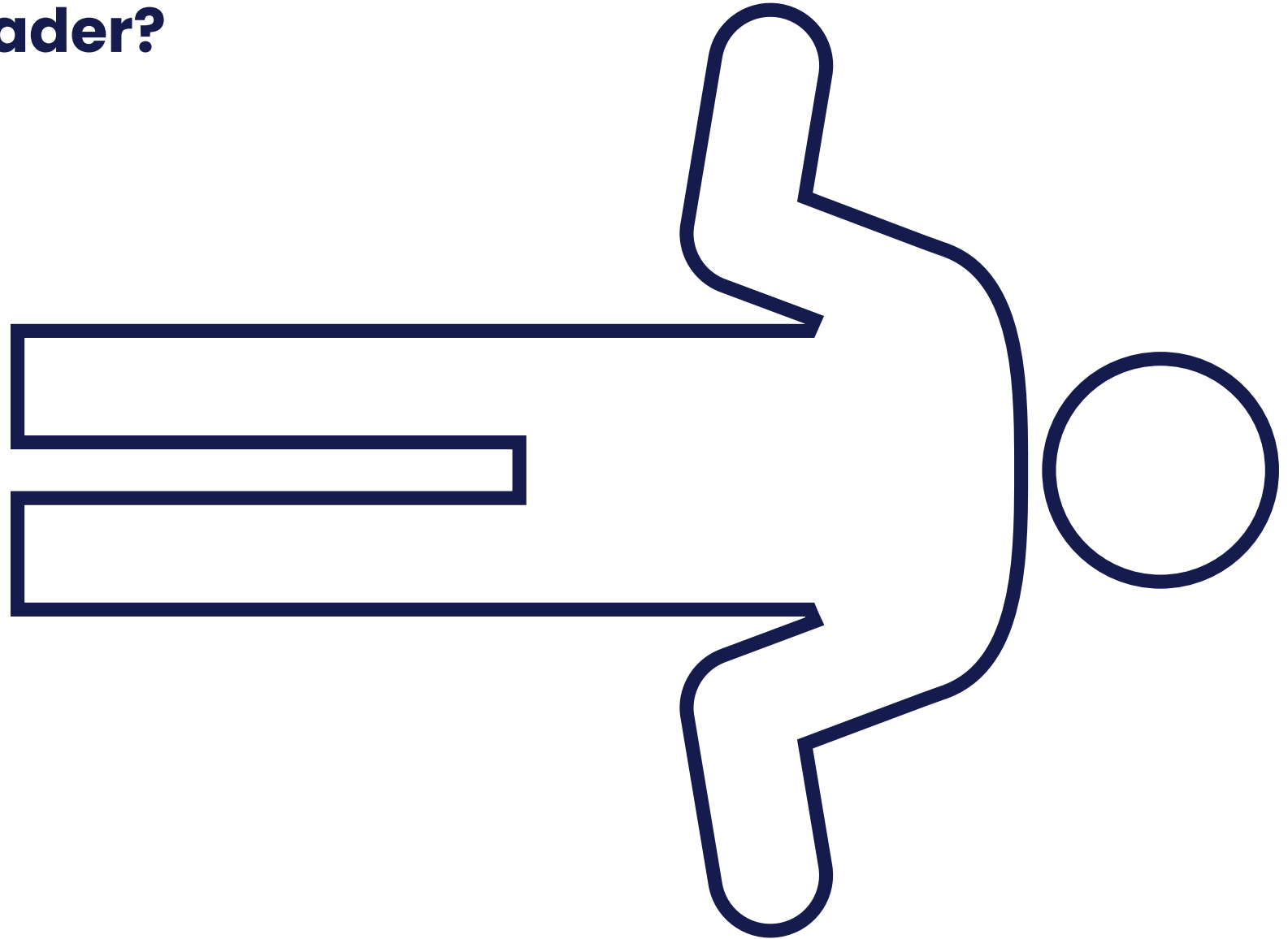
Greta Thunberg is a Swedish environmental activist. She began demonstrating for climate action in 2018 aged 15. Alongside other students the Fridays for Future movement was established to put pressure on leaders and lawmakers to take action on climate change.

Her strike was picked up by the Swedish media and reached tens of thousands of students from across the world who joined in her strikes on Fridays to protest climate change. In March 2019, inspired by Greta, the first Global Strike for Climate was held. In total over 1.6 million people from 125 countries took part!

She has since given speeches to politicians in the EU parliament, the UK parliament and more. She travelled the world (by solar-powered boat) to attend the United Nations Climate Action Summit, delivering one of her well known indignant speeches before world leaders and lawmakers.

What makes a leader?

Outline of person for
qualities of a leader



Thanks for taking part!
Remember to send all completed
evaluation forms to:
Emily.Arrowsmith@hotmail.co.uk

