

# PENCIL EXPRESS



WE DISCOVER, WE GROW

Girlguiding

Scotland

## Introduction

We know you're currently waiting for a space in a unit and thought you might like to join in with this activity while you wait!

The world has been a topsy-turvy place for us all over the last couple of years, so let's take a step back and look at how you might express yourself, your thoughts or your emotions. What are your hopes and dreams for the future? What is amazing about you, your community or the world? If you feel that something needs to change, what can you do about it?

There are many different ways to express yourself, but one of the easiest ways is using a pencil. You can write an article, story, letter, zine, journal entry, recipe, list or poem. You could doodle, draw a work of art or design a comic, poster, diagram, building, machine or community. Perhaps you could even start a petition or campaign.

Girlguiding Scotland would like to remind you that when you want to express yourself, all you need to do is pick up your pencil!

## How to take part

Pencil Express is open to all young members of Girlguiding Scotland, as well as those on waiting lists.

You can choose to express yourself in any way you wish under one or more of the headings below. You can also collaborate with your siblings or a friend but please make sure your creations are no bigger than A3 so that there is more chance of being able to display them.

Take your time and think about the topics below and some of the prompts underneath each - maybe you could discuss them with your friends or family. Think about what is important to you, be creative and express yourself - there is no wrong answer and you don't have to stick to the prompts underneath the headings!

If a pencil isn't a suitable tool for you, please feel free to use another tool to express yourself.

There will be local displays in each county during the first two weeks of October displaying a range of the entries from different age groups, topics and types of creation. Your leader will be able to let you know more about this closer to the time.



# What you need to do to get a badge

All you need to do to get your badge is express yourself under one or more of the headings below and submit the creation to your county. Your leader should have details of how to send your creations in to the county, but remember to put your name, age, unit and the heading your creation falls under (if you have used one of the themes below) on the back so that they can let you know if it is part of the county display. Badges will be available from the [Girlguiding Scotland shop](#), but speak to your leader as she may order for the whole unit.



## Me as an individual

- What is in your future?
- How does it look or feel?
- What are you proud of?
- What makes you you?
- What makes you proud of yourself?
- What makes you feel strong and confident?



## Me in my community

- What's important to you in your local community?
- What will your role in the community be?
- What makes you proud of your community?
- How would you make your community a better place?
- What makes a great community?



## Me and my world

- Did you know you are part of a family of 10 million girl guides and girl scouts around the world?
- What is it like to belong to a family of 10 million?
- What inspires you about the world?
- What are your hopes for the world?
- How would you change the world?
- Where in the world would you like to discover?

# Take things further

If you have enjoyed this activity, here are some suggestions of other activities to try:

- What's the most unusual use you can come up with for a pencil?
- Pencil Express selfie! Share a photo of you creating something out and about somewhere that inspires you to express yourself.
- Maybe you could create a time capsule of your hopes for 20 years time?
- You could do a postcard swap or become pen pals with someone - they could be in another part of Scotland or in another WAGGGS country.
- Pencil Express is inspired by the 'Express Myself' theme - why not have a look at the other [badges and skills builders](#) in this theme to see if there is anything else you would like to try?

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# Keep in touch

If you are old enough and have permission from your parents, you can share your creations with us on social media - we would love to hear about them! You can tag us @GirlguidingScot using #PencilExpress