

CITIZEN GIRL

WOMEN
50:50



SUPPORTING
year of young people
bliadhna na h-òigridh
2018

HELLO!

Welcome to Citizen Girl - our exciting new challenge to help you and your unit to discover how powerful your voices can be. We're delighted to be partnering with Women 50:50 to put girls' voices front and centre in 2018. Here's a welcome from Talat Yaqoob, co-founder of Women 50:50 to tell you more!

TALAT YAQOOB

100 years ago, after a long campaign of marching and calling for change, women who owned property and who were over the age of 30 were able to vote; it took another 10 years before all women finally had the same voting rights as men.

Fast forward to today and while we've made lots of progress, we know there is still lots more to do for women and girls in Scotland and around the world to be truly seen as equals and to have access to the opportunities and freedoms they deserve.

That's where Citizen Girl comes in! This pack is about celebrating how far we've come, while empowering a new generation of girls and young women to discover how powerful their voices can be. There are over 50,000 Girlguiding members across Scotland - imagine the power of all of you, as a collective, challenging the status quo and making the world a fairer, more equal place!

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The pack comes not only during the year of the centenary of women's votes, but also Scotland's Year of Young People, making it a perfect time to empower girls to explore how they can make change and become the leaders of tomorrow. I am delighted that Women 50:50, the campaign fighting for fair representation in the Scottish Parliament and in local councils, is joining in to champion this work.

Whether you're a Rainbow, a Brownie, Guide or member of the Senior Section this pack is your starting point for making change; your next step could be tackling sexism in the playground, speaking out for girls' rights around the world or maybe working with Women 50:50 to create a system where more women have access to political positions. Whatever you choose your voice is powerful and you have a right to use it.

I hope you enjoy all of the activities in this pack and I look forward to seeing how you use your voice!

HOW TO USE THIS PACK

Who is it for?

We designed Citizen Girl to help girls of all ages discover how they can use their voice to make change. Some of the activities might be more suitable for younger or older girls - but we hope Rainbows to Senior Section will find lots of fun ways to get talking about why their voice matters and how they can make a difference.

How does it work?

You'll work your way through 4 sections:

Section 1: Why your voice matters

The first stop on our Citizen Girl journey is all about exploring why your voice matters

Section 2: How to use your voice

The next stop is about finding out how you can use your voice and who can help

Section 3: My voice, my turn

The third stop is about putting what you've learned into action and finding a way to use your voice

Section 4: Tell the World

On this final stop you'll share with the world that you are a Citizen Girl

You can track your progress as you work your way through the pack with your Citizen Girl passport.

How can we get our Citizen Girl badges?

Here's what you and your unit need to do to earn your Citizen Girl badge:

Rainbows: Complete 1 or more activities from each section

Brownies: Complete 1 or more activities from each section plus one additional activity from any section

Guides: Complete at least 2 activities from each section plus the section 4 activity

Senior Section: Complete at least 3 activities from all sections plus the section 4 activity

Once you've completed the Citizen Girl pack you can order badges from the Girlguiding Scotland shops in Edinburgh and Glasgow and online at

shop.girlguidingscotland.org.uk

How can we share what we're doing?

You can share your unit's Citizen Girl journey every step of the way using **#CitizenGirl**. Find us at:



/GirlguidingScot



@GirlguidingScot



@GirlguidingScot

And, by emailing yourstories@girlguiding-scot.org.uk

Remember to share your Citizen Girl message at the end (see Section Four for more info). As an added incentive to get sharing we'll be choosing some of our favourite **#CitizenGirl** posts to highlight and send the lucky units a Citizen Girl goody bag.



SECTION ONE: WHY YOUR VOICE MATTERS

ACTIVITY 1: CREATE YOUR CITIZEN GIRL PASSPORT!

You'll need:

- » Passport template (one for every girl in your unit)
- » Pens, crayons, pencils and any other materials you want to decorate the passports

The girls should fill in their name, age and unit on the inside of the inner page, then decorate their passport cover however they like. Make sure the girls keep hold of their passports as you'll be using these all the way through the activities in this pack.

ACTIVITY 2: READY, STEADY, REPRESENT!

You'll need:

- » Poster or flipchart paper
- » Sticky notes and pens
- » Dice

This activity is designed to help you and your girls explore why equal representation matters.

1. Split into small groups of equal numbers.
2. Give 10 minutes for the girls to write down as many 'laws' that they can think of on sticky notes.
3. Each group should line up at one end of the hall with their laws stuck to the floor in front of them. Place a sheet of poster / flipchart paper for each group on the opposite side of the hall.
4. Now you are ready to relay race! Each girl should run one of their sticky notes across the hall and stick it on the paper opposite. Every law that's stuck to their sheet will be passed. Keep the race going for 5 minutes. When time is up count how many 'laws' each group has managed to pass. Take off the laws and return them to each group.
5. Play the game again but this time tell each group that they can only run when you roll certain numbers on the dice. Here is an example of rules for each group, if you have more groups you can make up additional rules for each group.

Group 1: Run when you roll any odd number

Group 2: Run when you roll any even number

Group 3: Run when you roll any number except 1

6. Once you've played the game for another 5-10 minutes call 'time's up' and count how many laws each group was able to pass during this round. (The groups who were allowed to run when you rolled most numbers should have been able to pass more laws).
7. Discuss as a unit how they felt when they played the game a second time around. Did the groups who were only able to run when one or two numbers were called feel it was fair?
8. Explain that in real life women aren't always equally represented in government both here and around the world. For example:
 - » In the Scottish Parliament just 35% of MSPs are women
 - » And in the UK Parliament just 32% of MPs are women
 - » And until 100 years ago women weren't even allowed to vote

Do they think it's important that there are equal numbers of women and men in government? Why?

Do they think if one group isn't equally represented or isn't able to vote that this will affect what laws are made?

ACTIVITY 3: MAKE A CITIZEN GIRL COCKADE!

A cockade is a rosette that people wear to show their support for a cause. The suffragettes who campaigned for women to get the vote wore cockades made from purple, white and green ribbons.

This year marks the 100th anniversary since some women achieved the right to vote in the UK. This activity will help your unit to celebrate the legacy of the suffragettes and explore how their voice can make a difference.

You'll need:

- » Scissors
- » Glue or glue dots
- » Paper
- » Construction paper
- » Pens
- » Stapler
- » Safety pins
- » Cockade template (in the resources section)

Directions:

1. Use the template at the back of this pack to cut out 4 paper circles for each person and 3 ribbons from construction paper. Suffragette cockades were purple, white and green - but you can use whatever colours you like. The ribbons should match the colours you choose for the three biggest circles.

2. In the smallest circle ask the girls to write 'I'm a Citizen Girl'. This will be the circle at the centre of the cockade. Glue the smallest circle onto the centre of the next biggest circle and so on until you have a 4 layer cockade.
3. Staple the three ribbons together at the top and then glue or tape these onto the back of the cockade.
4. Have the girls think of three ways they can use their voice or make a difference and write one way on each of the ribbons. These examples can be big or small and suitable for different ages - from being nice to someone at school or helping a family member with their chores, to campaigning for new play or sports equipment in their local playground or writing a letter to their MSP.
5. Girls can decorate their cockades however they like. Once they're finished decorating, glue or tape a safety pin to the back of each cockade so the girls can wear them.

ACTIVITY 4: SUPER CITIZEN GIRLS

Your voice is like a super power! So why not celebrate all the ways you can speak out and make a difference with some superhero-themed fun.

You'll need:

- » Scrap materials, paper, decorations, and anything else to help you create our superhero costumers
- » Construction paper plus sequins, stickers, other decorations
- » Glue
- » Scissors
- » Ribbons or string
- » Ask the girls to bring a hand towel and a pair of pants or shorts from home

Directions:

1. Create your own superhero costume. Start by making a mask out of construction paper. You can find lots of helpful templates and examples on our Pinterest board. Have them cut out the eyes and decorate their masks however they like, then attach a length of ribbon or string to either end of the mask and try it on.
2. Now it's time to make the rest of your costume. Tuck in your towel to the back of your top to create a cape and wear your pants or shorts over your leggings or jeans.
3. Then work in small groups and have the girls decide:
 - » A name for your superhero
 - » What 3 powers your superhero has to make change

Each group should then present their superheroes to the whole unit. You could even continue the fun with a superhero-themed party with party games and superhero themed treats.

Well done! You've completed the first step of your Citizen Girl journey. Write or draw how you feel about using your voice in the circle in Section One of your passport - this is your first stamp!

SECTION TWO: HOW TO USE YOUR VOICE

ACTIVITY 1: WHO CAN HELP?

It can be hard to speak out and make change on your own but there are lots of people and organisations out there who can help.

You'll need:

- » 'Who can help' headings and scenarios to read aloud (in the resources section)
- » Paper and marker pens
- » Blue tac to stick headings to walls

Directions:

1. Prepare your meeting space by writing the 'who can help' headings onto pieces of paper (you'll find these in the resources section. Make the writing big enough so that you can read it from across the room.
2. Get everyone to stand in a circle. Point to and read out each of the headings. Explain that you are going to read out 10 stories about a Citizen Girl who is trying to make change and they should run to the heading that says the person or organisation who they think could help.
3. If girls think there are two or more people or organisations that could help they should stay in the middle of the room and point in the directions of the headings they think are best with their arms, legs, head etc.
4. Read the first scenario and have the girls run to their choice as fast as they can. Ask girls at each heading and any in the middle of the room why they chose the way they did.
5. Repeat the game until you've read each of the stories, pausing in between each round to ask girls about their choices.
6. Once you've run through all the stories get everyone in a circle and have a quick chat about what they've learned. Here are some sample questions:
 - » Do they feel like there are more people who can help them make change than at the start of the game?
 - » Are there other people or organisations that aren't on the headers but could help?
 - » Do they know what issues a member of the Scottish Parliament can help them with and what issues a member of the UK Parliament can help with?
 - » How could they get in touch with different people and organisations to ask for help!



ACTIVITY 2: MAKE A CHANGE CHAIN


Explore the power of working together by creating a change chain.

You'll need:

- » Some examples of campaigners and how they've made change. For inspiration check out our listicle of Inspiring Citizen Girls at girlguidingscotland.org.uk/citizen-girl
- » Staples, tape or glue dots to stick the chain links together
- » Pens
- » Construction paper cut into strips to make paper chain links
- » Scissors

Directions

1. Talk with your whole unit about the different tools you can use to make change. Ask the girls if they want to change something, how they would go about it. You can share some examples of inspiring campaigners from the back of this pack. Explain that it can be hard to make change on our own but when we work with others we can make amazing things happen.
2. Have the girls split up into smaller groups and give each group a pile of paper strips, glue dots or a filled stapler and pens. Have them write on their first chain link 'I wanted to make change but I know I couldn't do it alone. So I...'

3. Now challenge each group to come up with as many ideas for how they could make change as possible. Remind them these can be big or small ideas - from talking to their family and friends to starting a petition, or from speaking at a school assembly to writing to an MSP. They should write every idea they have on a strip of construction paper and then use each strip to make a link for their chain. Remember to keep the writing on the outside of the chain so people can read all your good ideas!
 4. See who can make the longest chain in their small groups. Then once everyone is finished have each group present their chain and speak about some of their ideas. At the end, link all the chains together to make one extra-long chain! Why not hang it up in your unit meeting place for everyone to see?
 5. Take a few minutes to talk about how long and strong chains can be when they are linked up and how this is the same when people link up and work together.
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ACTIVITY 3: OUR EDIBLE PARLIAMENT

Learn more about the Scottish Parliament by creating an edible version representing the 129 MSPs. To learn more about what the Scottish Parliament, UK Parliament and local councils do, check out our 'Who does what guide' in the resources section.

You'll need:

- » 48 plain fairy cakes (home-baked or bought at a shop - it's up to you!)
- » Icing sugar or ready-made icing
- » Writing icing or food colouring (red, blue, yellow, green)
- » Sugar stars, sprinkles etc.

CAKES	POLITICAL PARTY	ICING	DECORATION TO SHOW WOMEN
23	SNP	Yellow	Put sprinkles or chocolate chips on 10 cakes
11	Conservatives	Blue	Put sprinkles or chocolate chips on 2 cakes
8	Labour	Red	Put sprinkles or chocolate chips on 4 cakes
2	Green	Green	Put sprinkles or chocolate chips on 1 cake
2	Lib-Dems	Orange	
1/2	Independent	Purple	
1/2	Presiding Officer	No icing / white icing	

Directions:

1. Split your fairy cakes up into groups to show the different political parties in the Scottish Parliament. To reflect the current political party make-up of the Scottish Parliament follow the guide on the next page.
2. Split your icing into 7 bowls. Remember the bigger parties with the most MSPs will require more icing. Add drops of appropriate food colouring to make yellow, blue, red, green and orange icing.
3. Spread the different coloured icing onto the relevant cakes.
4. Before the icing is dry add a certain colour sprinkle, chocolate chip or other decoration to the cakes that represent the 46 female MSPs currently serving in parliament. Use the table to help you - and you can still decorate the other cakes, just use a different colour to differentiate them.
5. Arrange the cakes into a horseshoe to represent Parliament, grouping them by political party. You can search for a diagram of the current debating chamber seating in the 'Your Scottish Parliament' leaflet at girlguidingscotland.org.uk/citizen-girl
6. Take a photo and share your creation with @GirlguidingScot using #OurEdibleParliament and #CitizenGirl. Then tuck in!

Helpful hint: You might want to combine this activity with the Citizen Girl Summit activity in Section Three so your guests have some tasty treats to eat.

ACTIVITY 4: MY FRONT PAGE

Newspapers, magazines, TV and blogs can all help raise awareness of important issues. In this activity you put what matters to you on the front page of your dream magazine

You'll need:

- » Examples of magazine and newspapers.
- » Make sure any magazine or newspapers you or the girls bring in are age appropriate for your group
- » Construction paper, scrapbook paper, and other decorations
- » Pens, pencils, crayons
- » Glue
- » Scissors

Directions:

You can do this activity in small groups or individually.

1. As a group look through the magazines and newspapers, picking out some examples of stories about womens' and girls' rights, issues affecting people in your community, country and around the world, campaigners who are trying to make change etc.
Chat as a group about why they think it's important for media to highlight stories like this. Does your group think the media should focus on some types of stories more than others?
Explain that this activity is their chance to be an editor for the day and put the issues that matter most to them on the front page.

2. Split into small groups or work individually on designing a front page for your dream magazine. Think about:
 - » What would your magazine be called and who would read it?
 - » What would your magazine look like?
 - » What sort of stories would it tell?
 - » What issues do you care about and how could your dream magazine help raise awareness and get other people interested?
3. Design your dream magazine cover using construction paper, photos cut out from other newspapers or magazines, pens, pencils, crayons and any other materials you like.
4. Once everyone is done get back in a circle and have each group or girl present their magazine cover. Why not hang them up in your unit meeting place so other people can see your ideas too?

Well done! You've completed the second step of your Citizen Girl journey. Write or draw your own design in the circle in the Section Two space to show what you've learned. This is your second stamp!

SECTION THREE: MY VOICE, MY TURN

ACTIVITY 1: SOLVE-IT CIRCLE!

This is a simple activity to help your group get started exploring how they can make change.

You'll need:

- » a timer

Directions:

1. Split into pairs or, if you have a smaller group, do this part individually and come up with a problem you would like to fix. This problem can be big or small. It can be something that affects you in your everyday life or something that affects people around the country or even the world. If you are struggling to come up with a problem check out our Change-Chooser in our resource section.
2. Once everyone has chosen a problem have everyone sit in a big circle. (If you have a larger unit you may want to split into two circles of 10 etc.). Choose a girl or pair to stand in the centre of the circle and share their problem.
3. Then tell the group they have two minutes to come up with as many solutions to the problem as possible. Don't worry about right or wrong answers - this activity is all about being creative and coming up with as many ideas as you can.
4. Once time is up have another girl or pair stand in the centre of the circle and present their problem.
5. Keep going until everyone has had a chance to present their problem and hear the solutions.



ACTIVITY 2: STEP BY STEP!

This activity will help your group to focus on something they'd like to change and how they can make it happen.

You'll need:

- » Ladder making materials such as cardboard strips and tubes, sticks and twigs, rolled up newspapers
- » String - enough so there is 2m for every group
- » Sticky tape - enough for 10 pieces for each group
- » Scissors
- » Super Citizen Girl template from the Resources section
- » Pens, pencils, crayons
- » Strips of papers and extra tape or sticky notes
- » The Change-Chooser from the Resources section
- » The step-by-step leader guide


Directions:

This activity should be completed in small groups or pairs.

1. Each group or pair should collect a bundle of materials to help them make their ladder and a super Citizen Girl template. Bundles should include the same amount of building materials, plus 10 pieces of sticky tape and 2m of string per group.
2. You have 20 minutes to create a ladder using just the materials provided. By the end you should be able to hold your ladder up without it falling apart. Your ladder needs to have 6 steps but otherwise the design is up to you!
3. As well as a ladder, you'll need to design your own superhero Citizen Girl to climb your ladder. Cut out and

- colour in your template and decorate her however you like.
4. Now your ladder is ready, hang it at one end of the hall. Have the girls sit in their groups or pairs to think about answers to the following questions. Give the girls fifteen minutes to discuss their answers and write them down on a sticky note or strip of paper.
5. The questions each group should answer are:
 - » What do we want to change?
 - » Why does this matter to us?
 - » What actions can we take?
 - » What will we need?
 - » Who can help us?
 - » What difference will it make?

We know these are big questions so leaders can take a look at the step by step guide in our resources section for some helpful prompts to help girls start thinking about what they want to change and practical steps they can take.

6. After each question have a representative from each group come up and share their answer, attach it to their ladder and move their Citizen Girl up a step. Continue until everyone has answered all the questions and got their Citizen to the top of their ladder.
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ACTIVITY 3: SHOUT ABOUT IT!

Now you know what you want to change it's time to get the word out.

You'll need:

- » Citizen Girl template letter
- » Construction or poster paper
- » Pens or pencils

Directions:

Work in small groups or pairs.

1. Decide in your group who you want to tell about your Citizen Girl project - this could include people in your everyday life like the other girls and leaders in your unit, family and friends, teachers and pupils at their school. It could also include charities and organisations, a local councillor, MSP or MP or even your local newspaper.
2. Once you've decided who you want to tell, think about the best ways to share what you're doing with these different people. For some, like family and friends, this could be as simple as having everyone in your group agree to talk to one relative or friend about the issue you want to make change on between now and your next meeting.
3. If you want to raise awareness at your school, why not ask your teacher if you can speak to the class or put up a poster?
And if you want to share with your councillor, MP, MSP or a local organisation / charity you can use the letter template at the back of this pack.

4. Fill out the letter template at the back of this pack to let people know about your change project. If you want to write to more than one person you can ask your leader to make copies of the template or use the template to help you write extra letters on a separate sheet of paper. If you are planning on holding a Citizen Girl summit (see next activity) you could also include an invitation. Once you've written your letter(s) give them to your leader who can post them for you. Remember some of the people or organisations you write to may get lots of letters every day so it may take a little while to hear back from them.
5. You might also want to make a poster to help you spread the word in your unit meeting place. Make sure it shows:
 - » What your project is all about
 - » Why you want to change this issue
 - » Why is it important that people know about this issue
 - » How can they help or find out more

Safety tip: Don't put your own phone number, email address or other contact details on this poster. If you want people to get in touch to drop off donations for example speak to your leader about the best way to arrange this.

ACTIVITY 4: HOLD YOUR OWN CITIZEN GIRL SUMMIT!

You've done some amazing work on your Citizen Girl journey so far. Why not share what you've been up to by holding your own Citizen Girl summit and invite your family, friends, and members of another unit or even your local councillor, MSP or MP to find out more about what you've been up to?

You'll need:

- » Invitation template (You'll find this in the Resources section)

Directions:

1. Think about who you would like to invite to your Citizen Girl summit. You could ask parents to come to your unit meeting place half an hour before it usually ends to hear more about the work you've been doing. You might also want to consider inviting your local councillor, MSP, MP or any local organisations and charities you've been working with during your change project. Older groups like Guides and Senior Section might want to consider inviting girls from a nearby Rainbow or Brownie unit and help them try out some of the activities in this pack.
2. Once you've decided who to invite, use the template in the resources section of this pack to make invitations. Add in the details and decorate however you like!
3. As a unit decide on a programme for your summit. What you do in your summit is up to you but you'll probably want to introduce Citizen Girl and tell your guests a bit about what you've been working on.

4. Perhaps each group could present their change project and explain how they used their voice to make a difference. Why not have each group make a poster about their project to help them during their presentation? You might also want to think about refreshments - for example why not make an edible parliament (instructions in Section Two) for your guests to enjoy.
5. Make any posters, decorations or snacks you'll need for your Citizen Girl summit. You can use some of the work you've done already to decorate your hall - for example your step-by-step ladders, change chains and Citizen Girl cockades. Remember you can also use this summit as a way of fundraising for a cause you care about by selling snacks, refreshments or asking your guests to donate a pound at the end of the evening.
6. Hold your own Citizen Girl Summit and share your photos with us on Twitter and Instagram using #CitizenGirl or @GirlguidingScot

Well done! You've completed the third step of your Citizen Girl journey. Write or draw your own design in the circle in the section three space to show what you've learned. This is your third stamp!

SECTION FOUR: TELL THE WORLD

This is your chance to share your Citizen Girl message with the world.

You'll need:

- » Your Citizen Girl passport
- » Pens, pencils, crayons

Directions:

1. Now you've worked your way through this pack and discovered how powerful your voice can be it's time to share that you are a Citizen Girl with the world!
2. Turn to the back page of your passport and colour in 'I am a Citizen Girl' and decorate however you like!
3. Once you've decorated the back of your passport, get together as a unit and take a photo* with everyone holding up their message and share with [@GirlguidingScot](#) and on Twitter and Instagram using [#CitizenGirl](#)

**Note to leaders: Please remember to check the photo permission for girls in your unit before sharing photos on social media.*

Well done! You've completed the final step of your Citizen Girl journey - now you're ready to make your voice heard all over the world!

YOU'RE NOW A



GIRL.

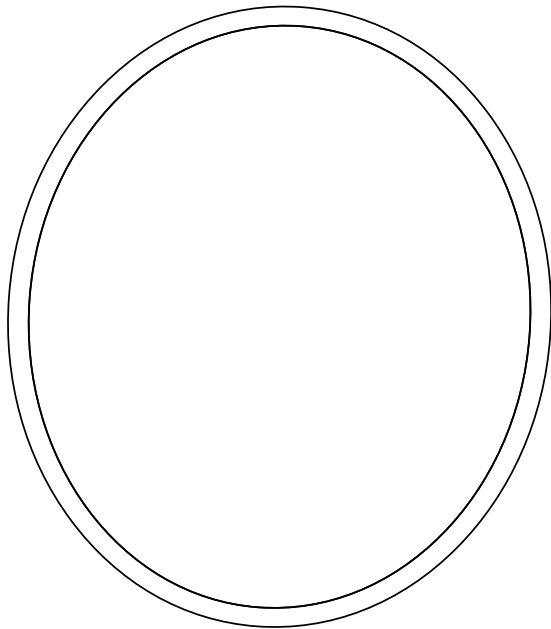
RESOURCES

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With the exception of the passport resource, you may find it easier to print these resources single-sided

ABOUT ME

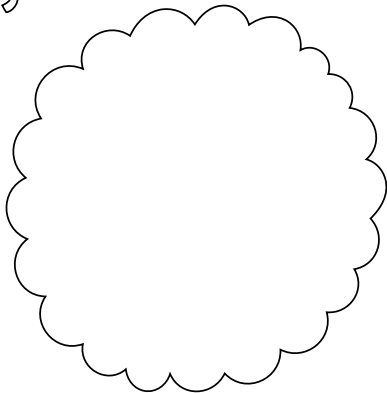


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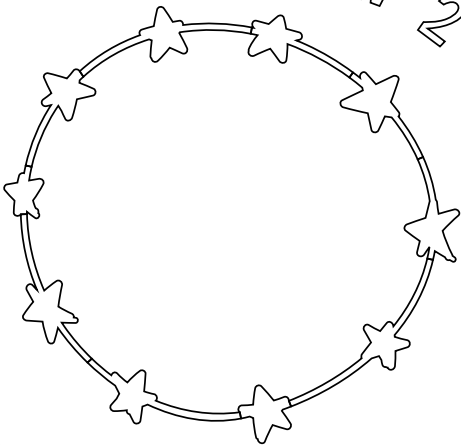
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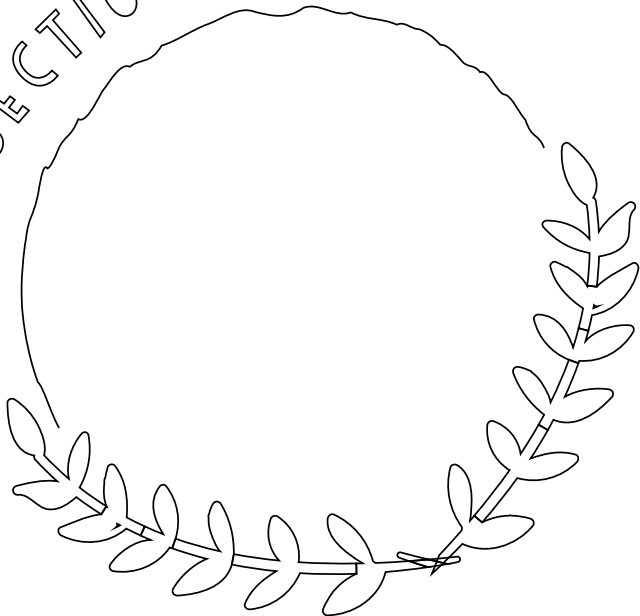
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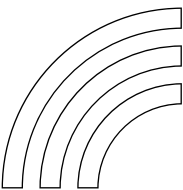
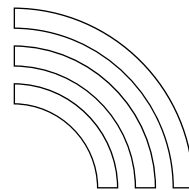
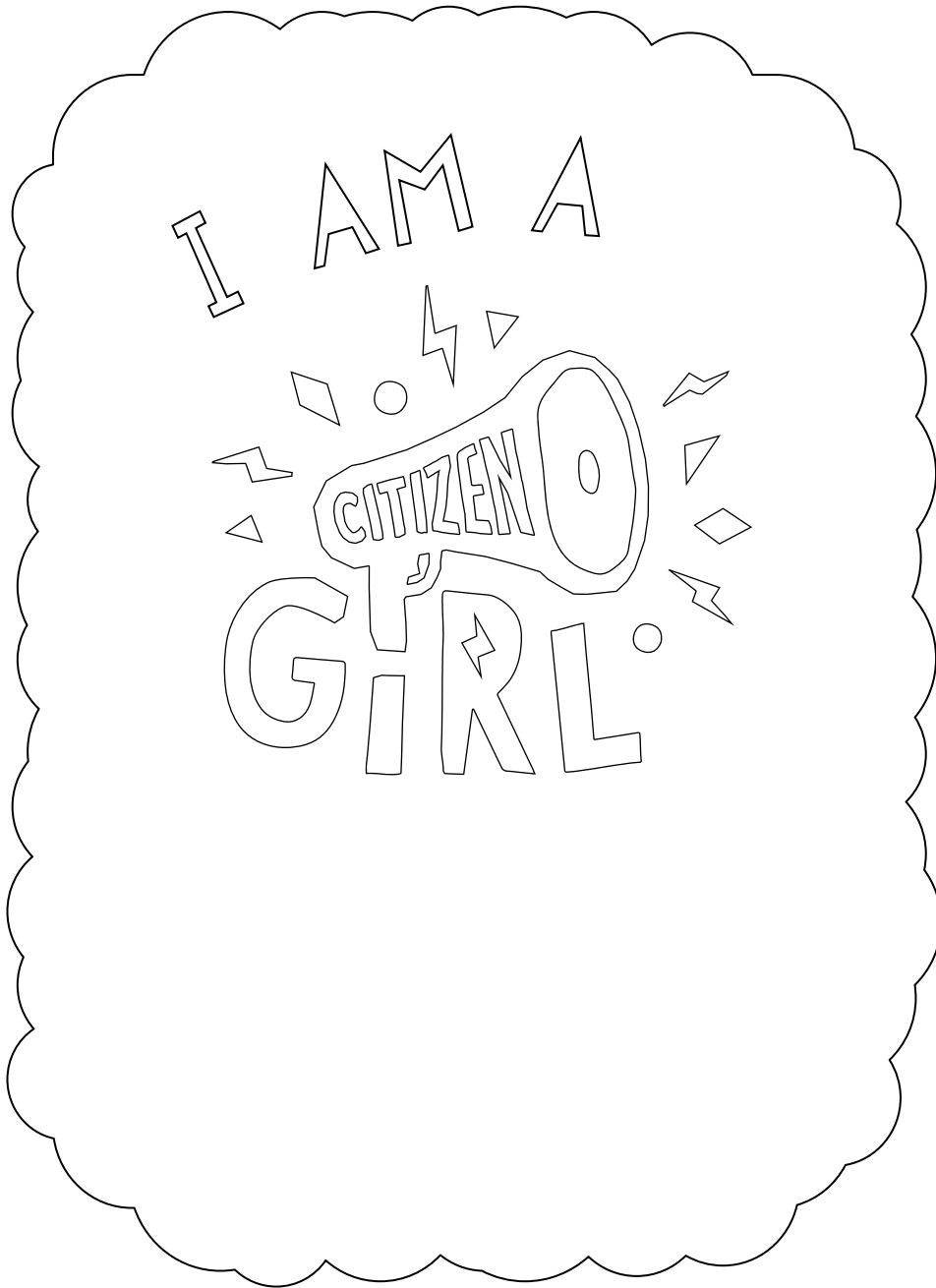
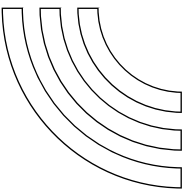
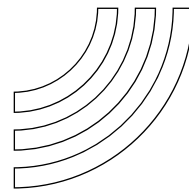
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SECTION 3

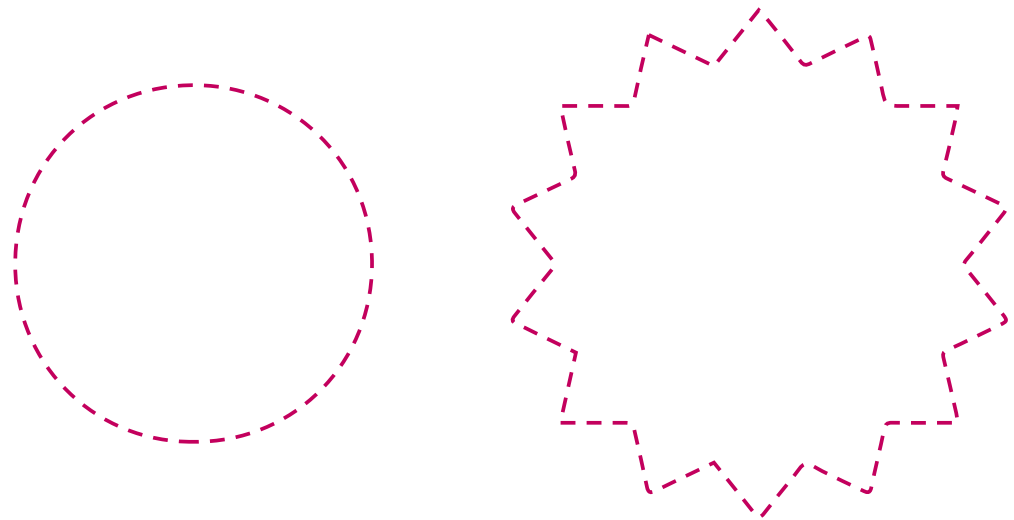


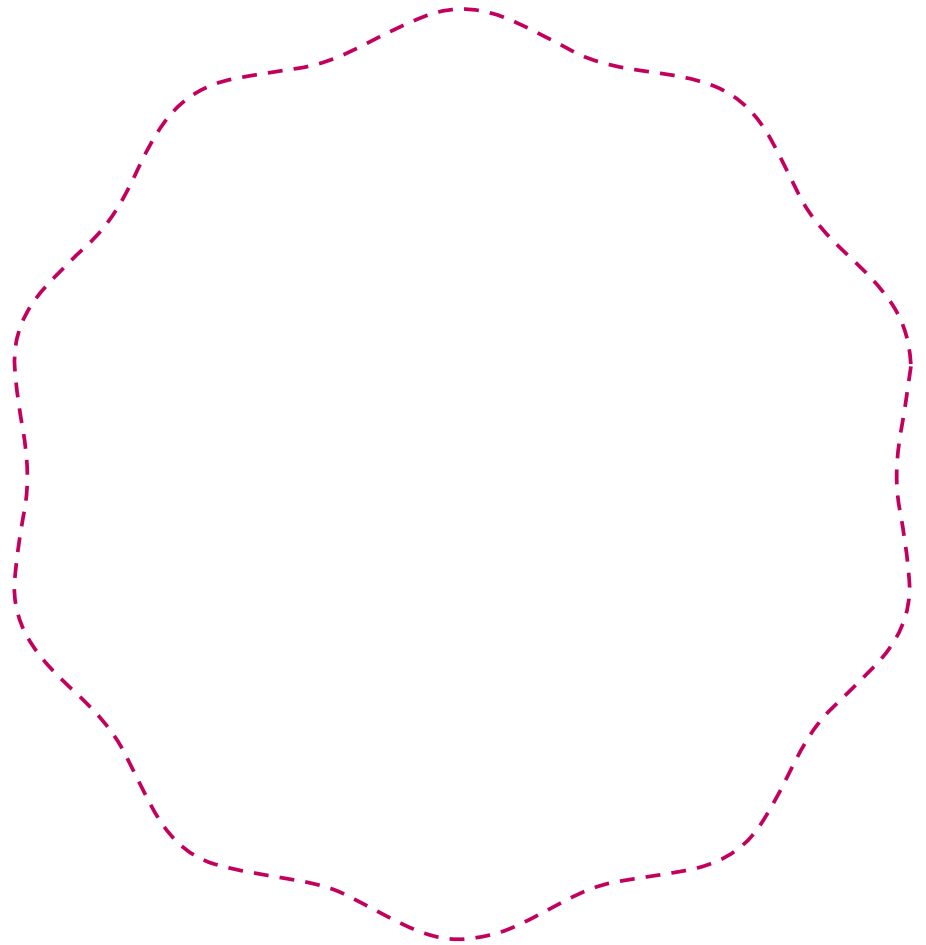
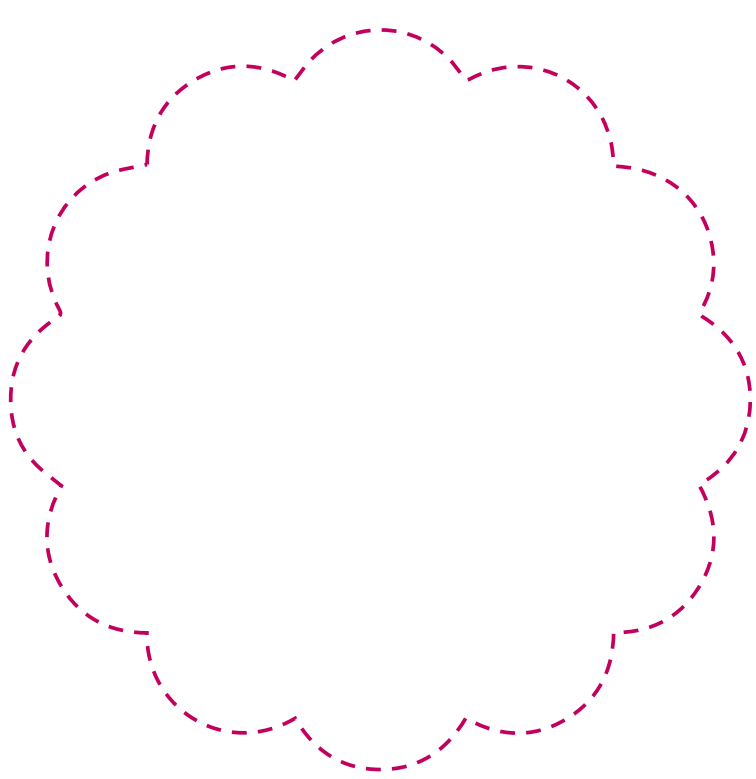
TELL THE WORLD!



SECTION 1, ACTIVITY 3: CITIZEN GIRL COCKADE TEMPLATE

Cut out one of each of the
blue shapes and three of the
pink shapes from construction
paper.





SECTION 2. ACTIVITY 1: 'WHO CAN HELP?' HEADERS & SCENARIOS

Write out the following headers on sheets of paper so they are big enough to be seen across the room:

My MSP
My MP
My local councillor

My teacher
My friends
My family

A charity
A newspaper or magazine
My neighbourhood

During the game read the following scenarios aloud:

At school Citizen Girl learns women are still only about a third of MPs and MSPs and thinks this is totally unfair. Who can help her change this?

Citizen Girl wants to turn an unused patch of land near her house into a nature garden. But it's a big job - who can help make it happen?

When watching the news, Citizen Girl learns about refugees who had to leave their homes because their lives were in danger. She wants all refugees to have a safe place to live but who can help?

Citizen Girl & her friends at school want to play rugby but only the boys get to do this during PE. Who can help them change the rules?

When walking around her town Citizen Girl notices that all the statues are of famous men. She thinks there should be statues of famous women too but who can help her change this?

Books are one of Citizen Girl's favourite things but she knows not everyone can afford to buy books. She wants to change this but who could help?

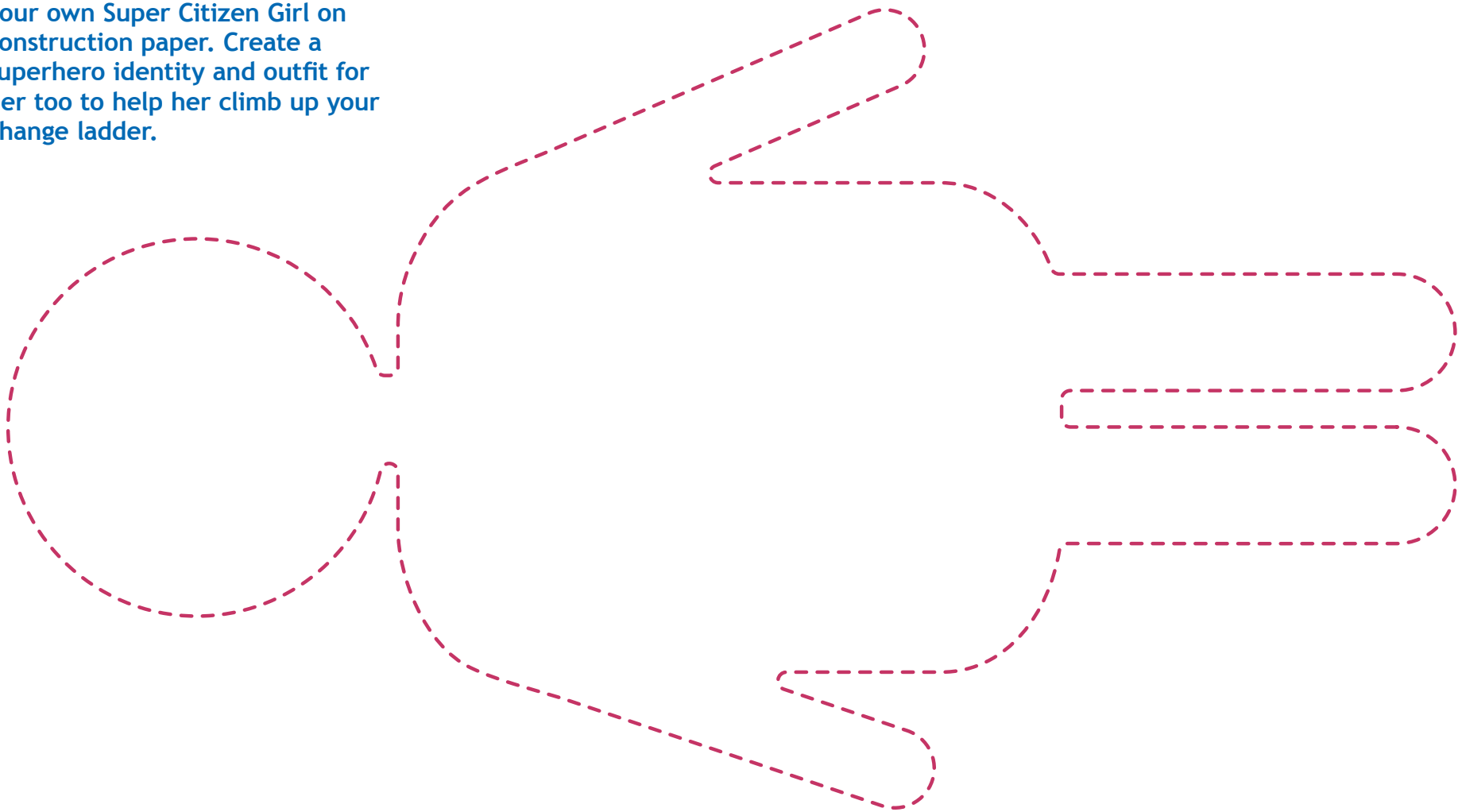
Citizen Girl loves superheroes but all the superhero toys, books and clothes are labelled 'for boys' in her local shop. She's fed-up of shops saying some things are 'just for boys' or 'just for girls'. Who can help her change this?

Citizen Girl notices another kid at school is being teased because they look different. She wants to do something but she's scared if she does, she might get teased too. Who could help?

At Citizen Girl's school there is a 'chill-out' zone for when students feel stressed. Citizen Girl thinks there should be a chill-out zone in every school in Scotland but who could help make this happen?

SECTION 3 - ACTIVITY 2: STEP-BY-STEP CITIZEN GIRL TEMPLATE

Use this template to cut out your own Super Citizen Girl on construction paper. Create a superhero identity and outfit for her too to help her climb up your change ladder.



SECTION 3. ACTIVITY 2: STEP-BY-STEP LEADER'S GUIDE

During the step by step activity your group will be thinking about some big questions and the girls may need some help to get started. Below are some prompts for each question to help the girls come up with answers.

What do we want to change?

This question is about encouraging the group to choose one issue to focus on. If girls still aren't sure what issue they'd like to change they can get inspired with our Change Chooser in the resources section.

Why does this matter to us?

This is about encouraging the group to explore why this issue matters to them. Being able to answer this question will also help when you want to persuade other people why this issue should matter to them.

What actions can we take?

This question is about exploring the practical steps the group can take to make changes. These steps can be big or small - from talking to family and friends about their cause, starting a petition, or holding a fundraiser or collection at their unit.

Who can help us?

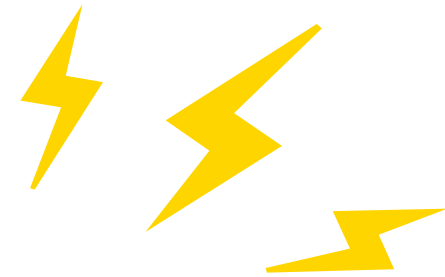
There are lots of people who can help you make change - from the other girls in your unit and your unit leaders, to your schools teachers, councillors, MSPs, MPs and other charities and organisations working on this issue. If you're struggling to think who can help, why not look back at your change chain from section two.

What will we need?

Now that you know what actions you want to take - think about what you'll need to make it happen. For example if you want to write to your local MSP you'll need to look up his/her name and contact details. If you want to hold a bake sale for a cause you care about you'll need some tasty cakes to sell.

What difference will it make?

Think about the change you hope to make - and remember, no one changes the world overnight or on their own. Big changes come from lots of small steps!



SECTION 3 - ACTIVITY 3: 'SHOUT ABOUT IT' LETTER TEMPLATE



Dear

We are the

We have been taking part in Girlguiding Scotland's Citizen Girl campaign to learn all about why our voices matter and how we can make change!
As part of Citizen Girl we had to choose one thing we wanted to change.

Our group chose

We chose this because

We want to make change by

We would love it if you could help us with our project by

If you would like to find out more please get in touch with our leader by emailing or sending a letter to

Thank you,

SECTION 3 - ACTIVITY 4: CITIZEN GIRL SUMMIT INVITATION



YOU'RE
INVITED
TO OUR



We've been taking part in Girlguiding Scotland's Citizen Girl campaign to learn all about why our voices matter and how we can make change! We'd love to share what we've been up to with you to at our Citizen Girl Summit on:

Date:

Time:

Location:

Additional Details:

How to RSVP:

APPENDIX I: WHO DOES WHAT IN MY GOVERNMENT?

In Scotland you are represented by your local councillors, the Members of the Scottish Parliament for the area where you live and the Member of the UK Parliament. They all represent you on different issues - here is a quick guide to help you know which representative can help with what.

MY LOCAL COUNCILLOR

Delivering local services in your area including:

- » Education and childcare
- » Social services and elderly care
- » Local libraries, museums
- » Parks and leisure
- » Transport, roads, walkways and cycle lanes
- » Planning for new buildings and developments

MY MSP

- » Education and training
- » Healthcare
- » Social services and social care
- » Transport
- » Police and fire services
- » Law and order
- » Environment
- » Housing
- » Sports and the arts
- » Tourism and culture
- » Fisheries and Agriculture
- » Local Government
- » Some taxes

MY MP

- » Foreign affairs and aid
- » Defence
- » National security
- » Constitution
- » Employment law
- » Equal opportunities
- » Trade
- » Immigration
- » Broadcasting
- » Benefits and social security
- » Some taxes

APPENDIX 2: CHANGE CHOOSER I WANT TO MAKE A CHANGE IN:

My Unit

You could:

- » Hold a clothes swap to encourage recycling & reusing
- » Give your unit meeting space or outdoor space a mini-makeover for you and others to enjoy (just ask permission first!)
- » Invite another unit to a Citizen Girl-themed evening to help younger girls learn all about why their voices matter!

My Country

You could:

- » Write to your MSP to ask them to back the Citizen Girl call for all political parties to make sure 50% of their candidates are women
- » Start a petition to call for schools in Scotland to ensure inspiring women are part of the curriculum
- » Create a poster, write a blog or record a vlog about why you think it's important for politicians to listen to young people when making decisions then share this with your local MP and MSP

My Community

You could:

- » Organise an exhibition or display at your school, local library or community centre to spread the word about Citizen Girl
- » Breathe new life into an unloved community space by planting some flowers or herbs, holding a litter pick or creating a wildlife-friendly garden
- » Help tackle period poverty or inequality in your community by collecting sanitary products and toiletry bags or groceries and other household essentials for your local foodbank or shelter

My World

You could:

- » Run a fundraiser for a charity that helps girls around the world access education
- » Find out about an organisation that supports refugees and find out how you can support them
- » Create a poster, write a blog or record a vlog about women's rights around the world then share this with your local MP or MSP



@GirlguidingScot

Girlguiding Scotland is the operating name of The Guide Association Scotland, Scottish charity number SC005548.

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SUPPORTING
year of young people
bliadhna na h-òigridh
2018

