

# Girls in Scotland 2020 - Data Tables



## Our methodology

Girls in Scotland 2020 is a subset of data from the Girls' Attitudes Survey 2020. A total of 527 girls and young women in Scotland aged between 7 and 21 took part in the 2020 survey. Girlguiding commissioned CHILDWISE, leading specialists in research with children and young people, to conduct the survey.

Interviews were completed online, with data first collected in schools during March, and then via a large proprietary online panel - following the UK and Scottish governments closure of schools due to the Covid-19 pandemic. Interviews with young women who were not in education, employment, or training (NEET) were also included via the online panel, ensuring representation of this potentially marginalised group.

The questionnaire was adapted to be suitable for different age groups, 7 to 10 and 11 to 21 years. Core questions were asked across the full age range, so that changes in attitudes as girls get older can be tracked.

Fieldwork took place from March to April 2020.

## Sample Details

Data was weighted at analysis to correct any imbalance in the final sample across the age range. All questions are based on those answering.

| <b>TOTAL</b> | <b>7-8 YRS</b> | <b>9-10 YRS</b> | <b>11-13 YRS</b> | <b>14-16 YRS</b> | <b>17-18 YRS</b> | <b>19-21 YRS</b> |
|--------------|----------------|-----------------|------------------|------------------|------------------|------------------|
| 527          | 87             | 90              | 88               | 91               | 97               | 74               |
|              | <b>7-10</b>    |                 | <b>11-16</b>     |                  | <b>Post 16</b>   |                  |
|              | 177            |                 | 179              |                  | 171              |                  |

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## THE ENVIRONMENT



AGE 7-21: MULTICODE

Q1. How are you affected by climate change and global warming?

| %  | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|--|-------------|------|-------|---------|
| I feel upset about the homes and habitats of animals that are destroyed                        | 49          | 54   | 44    | 50      |
| I feel hopeful that people are talking about it more and trying to help (11-21)                | 39*         | n/a  | 37    | 41      |
| It makes me feel angry that adults are not doing enough to tackle this issue                   | 34          | 28   | 34    | 38      |
| It makes me feel worried (anxious or overwhelmed 11-21)  | 34          | 42   | 21    | 38      |
| It makes me change my own behaviour e.g. try to walk or cycle instead of going by car          | 31          | 32   | 26    | 36      |
| I feel hopeless or that I can't do anything about it (11-21)                                   | 22*         | n/a  | 16    | 27      |
| It has made me take action to do something to help the environment e.g. school climate strikes | 20          | 18   | 18    | 24      |
| It makes me interested in studying or working in this area e.g. environmental sciences (11-21) | 19*         | n/a  | 17    | 20      |
| I don't feel my life is affected by climate change and global warming                          | 5           | 7    | 4     | 2       |
| Don't know   | 7           | 8    | 7     | 7       |

\*Based on 11-21s answering

AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

a) I think fast fashion has a negative effect on the environment

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 56          | n/a  | 52    | 61      |
| Disagree   | 19          | n/a  | 22    | 15      |
| Don't know | 25          | n/a  | 25    | 25      |

AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

b) I feel pressured to buy the latest clothes and keep on top of fashion trends

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 44          | n/a  | 39    | 49      |
| Disagree   | 47          | n/a  | 50    | 43      |
| Don't know | 10          | n/a  | 11    | 8       |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

c) I try and buy clothes that are recycled, second-hand or from charity shops

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 39          | n/a  | 28    | 50      |
| Disagree   | 48          | n/a  | 56    | 39      |
| Don't know | 13          | n/a  | 16    | 10      |

AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

d) I want to buy clothes in a more environment-friendly way, but I find it difficult

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 66          | n/a  | 62    | 70      |
| Disagree   | 14          | n/a  | 13    | 14      |
| Don't know | 20          | n/a  | 25    | 16      |

AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

e) I think companies should be doing more to produce clothes in an environment friendly way

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 86          | n/a  | 83    | 89      |
| Disagree   | 6           | n/a  | 7     | 6       |
| Don't know | 8           | n/a  | 11    | 5       |

AGE 11-21: SINGLECODE

Q2. Do you agree or disagree with the following statements about fast fashion? *Fast Fashion is low-priced clothing that is made quickly and cheaply by retailers in response to the latest fashion trends*

f) I think companies should be doing more to reduce the amount of plastic in the clothes they produce

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 84          | n/a  | 80    | 88      |
| Disagree   | 6           | n/a  | 8     | 4       |
| Don't know | 10          | n/a  | 12    | 7       |

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AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**a) I would consider using more environment-friendly period products**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 74          | n/a  | 71    | 77      |
| Disagree   | 10          | n/a  | 9     | 11      |
| Don't know | 16          | n/a  | 20    | 12      |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**b) I think more environment-friendly period products should be available in shops**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 81          | n/a  | 80    | 81      |
| Disagree   | 7           | n/a  | 7     | 7       |
| Don't know | 12          | n/a  | 12    | 12      |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**c) I think there should be more education on environment-friendly period products**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 78          | n/a  | 75    | 80      |
| Disagree   | 11          | n/a  | 10    | 12      |
| Don't know | 11          | n/a  | 15    | 8       |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**d) I think environment-friendly period products are expensive**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 58          | n/a  | 54    | 61      |
| Disagree   | 13          | n/a  | 11    | 15      |
| Don't know | 29          | n/a  | 34    | 24      |

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AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**e) I think environment-friendly period products have a bad / negative reputation e.g. they're seen as embarrassing**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 34          | n/a  | 37    | 32      |
| Disagree   | 43          | n/a  | 38    | 49      |
| Don't know | 22          | n/a  | 25    | 19      |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**f) I think manufacturers should be doing more to reduce plastic waste in period products**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 82          | n/a  | 81    | 83      |
| Disagree   | 7           | n/a  | 6     | 9       |
| Don't know | 10          | n/a  | 13    | 8       |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**g) I think manufacturers should list how much plastic is included in their products**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 78          | n/a  | 77    | 79      |
| Disagree   | 8           | n/a  | 9     | 8       |
| Don't know | 14          | n/a  | 14    | 13      |

AGE 11-21: SINGLECODE

Q3. Thinking about sustainable period products, do you agree or disagree with the following? *Sustainable period products are environment-friendly alternatives to period products that don't contain plastic or produce waste as much e.g. menstrual cups, period pants, organic pads and tampons*

**h) I am aware of the different period products available to me**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 67          | n/a  | 62    | 71      |
| Disagree   | 18          | n/a  | 18    | 18      |
| Don't know | 15          | n/a  | 19    | 10      |

AGE 7-21: OPEN RESPONSE

**Q4. What do you think needs to be done to tackle climate change and global warming?**

"More green options at school at lunch no plastic yoghurt tubs. No plastic straws and less wrappers at factories" Female, 7-8

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“Save more animals homes and stop cutting down trees. Reduce our waste and recycle” Female, 7-8

“Stop putting plastic in the sea and don't throw rubbish on the floor” Female, 7-8

“Everyone must to do more for environment, I mean recycled rubbish, using less energy, buying less plastic products. Eat less meat.” Female, 9-10

“Governments need to do a lot” Female, 9-10

“People have to be more educated about their actions.” Female, 9-10

“We need to stop hurting animals and stop spreading pollution with vehicles” Female, 9-10

“Consume and produce less, reuse more, travel less” Female, 11-12

“Governments need to take the lead and make big changes even if it upsets businesses” Female, 11-12

“People need to become more responsible and try to understand that global warming is having a huge effect on all of us and all species” Female, 11-12

“Reduce the use of all fossil fuels, don't waste energy and do things in the most environmentally friendly way as possible” Female, 11-12

“Governments need to take more action by creating new law to reduce the carbon and plastic.” Female, 13-14

“I believe more schools should be raising the issue and doing more lessons relating to climate change in general” Female, 13-14

“More needs to be done to educate older people about the dangers and damage that has already been done to the world. As a teenager I want myself and my children to grow up in a world that is changing for the better.” Female, 13-14

“Stop cutting down the trees in the Amazon rainforest. Make all cars electric to reduce CO2. Use renewable energy sources instead of coal.” Female, 13-14

“Companies need to take responsibility for their waste and emissions.” Female, 15-16

“Less plastic in the ocean. Less waste thrown away. Less cars on the roads.” Female, 15-16

“Government need to address it more often, more studies need to be available to the public” Female, 17-18

“People need to listen and take action, yes protests make a big scene but people dont listen, it usually does more harm than good. I heard about one protest where they stood in front of cars so they couldnt move but that clearly leaves their engine running letting out more polluted fumes. I dont know what needs done but people need to take it seriously and listen to the professionals.” Female, 17-18

“The older leaders who are in control need to pay more attention to what the younger generations are saying and let us be more involved” Female, 17-18

“I think theres only so much we can do. When we look at the bigger picture it is up to our government to lead us in this fight to tackle climate change and they arent doing that at the moment” Female, 17-18

“Major companies or other businesses should be monitored to see who makes the worst impact and they should be fined if seen to be doing so” Female, 17-18

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“Bills need to be put in place. The same way COVID 19 is being tackled. Unfortunately freedoms such as flying whenever you want need to be capped to postpone environmental disaster” Female, 19-21

“Laws need to be passed to stop major corporations from doing damage to the environment” Female, 19-21

“People need to be more aware of the effects singles uses plastic has on the environment. People need to work harder to not using as much plastic as we do. People need to be aware of what effect they are having on the world” Female, 19-21

“This box is not enough to answer, obviously, but I think measurements shoul be taken in every country to reduce pollution levels and the impact of human activities on climate. Each government should be held responisble for the pollution the produce and there should be universal regulations to meet/fines for those who don't meet them. Citizens should also be responsible and do whatever they can in their own life, but this is not gonna happen if big corporations don't have regulations.” Female, 19-21

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## PLAY AND LEISURE



AGE 7-21: MULTICODE

**Q5/6. Thinking about playing games online, which of the following do you agree with?**

| %  | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|--|----------------|------|-------|---------|
| Playing games online is fun (7-10) / I think playing games online is fun (11-21)   | 55             | 60   | 48    | 58      |
| Playing games online helps me learn new things (7-10) / I think playing games online helps me learn new things (11-21)                                   | 38             | 45   | 33    | 36      |
| I think gaming companies should not make games that are sexist and /or full of gender stereotypes (11-21 only)   | 33*            | n/a  | 29    | 36      |
| I've made friends while playing games online (7-10) / I think playing games online is a great way to make friends (11-21)                                | 31             | 20   | 30    | 43      |
| I think gaming companies need to do more to make gaming safe and enjoyable for girls and young women   | 26             | 18   | 28    | 34      |
| I have experienced sexist comments when playing games online (11-21 only)  | 21*            | n/a  | 15    | 26      |
| I think governments need to do more to make gaming safer and enjoyable for girls and young women   | 20             | 13   | 19    | 27      |
| I have experienced mean / horrible comments when playing games online (7-10) / I have experienced mean comments when playing games online (11-21)        | 19             | 9    | 19    | 29      |
| I have been told I can't play certain games because I'm a girl (7-10) / I've been told I can't play certain games because I'm a girl/young woman (11-21) | 19             | 10   | 18    | 28      |
| I have experienced bullying/abuse when playing games online (11-21 only)   | 17*            | n/a  | 11    | 23      |
| I avoid playing games that portray women in a negative way (11-21 only)  | 16*            | n/a  | 15    | 17      |
| I don't tell people I'm a girl when I play games online (7-10) / I hide my gender when I play games online (11-21)                                       | 14             | 11   | 13    | 17      |
| <i>I don't play games online</i>   | 19             | 19   | 24    | 14      |

\*Based on 11-21s answering



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### AGE 7-10: MULTICODE

Sometimes girls are encouraged to play with certain toys like dolls and crafts, and boys are encouraged to play with other toys like vehicles and building toys.

**Q7a. How do you think being encouraged to play with certain types of toys and games can affect girls and boys?**

### AGE 11-21: MULTICODE

Sometimes girls are encouraged to play with certain types of toys (e.g. dolls, arts and crafts) and boys other types of toys (e.g. construction and action toys).

**Q7b. How do you think being encouraged to play with certain types of toys and games can affect girls and boys?**

| %   | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---|-------------|------|-------|---------|
| It encourages people to think gender stereotypes are true e.g. women are better at caring and men are better at building (11-21 only)   | 56*         | n/a  | 49    | 63      |
| It makes girls and boys feel more different to one another than they are (11-21 only)   | 46*         | n/a  | 38    | 53      |
| They don't get to play with toys they like (7-10 only)  | 46*         | 46   | n/a   | n/a     |
| It makes it harder for girls and boys to be themselves (11-21 only)   | 45*         | n/a  | 38    | 53      |
| It makes it harder for girls and boys to play together  | 43          | 37   | 43    | 47      |
| It limits their interest in different jobs and careers (11-21 only)   | 42*         | n/a  | 35    | 49      |
| It makes it harder for girls and boys to find out what they're good at and what they enjoy doing (7-10) / It makes it harder for girls and boys to recognise what they're good at and what they enjoy (11-21) | 42          | 35   | 40    | 51      |
| Some toys and games targeted at boys encourage them to be aggressive (11-21 only)   | 40*         | n/a  | 39    | 40      |
| They don't get to learn as many new skills (7-10) / It stops girls and boys from developing a wide range of skills (11-21)  | 38          | 26   | 41    | 46      |
| They find it hard to try new things (7-10) / It makes girls and boys less confident about trying new things (11-21)   | 33          | 25   | 34    | 42      |
| Something else  | 2           | 2    | 2     | 3       |
| Don't know  | 13          | 15   | 14    | 9       |

\*Based on 7-10s or 11-21s answering

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AGE 7-21: OPEN RESPONSE

**Q8. How does it make you feel when girls are encouraged to play with dolls or pink toys and boys are encouraged to play with toy cars or blue toys?**

"Bad, everyone should be treated as individual and not by sex" Female, 7-8

"I should be allowed to play with anything i want no matter the type or colour" Female, 7-8

"I'm okay with it as I don't like boys toys anyway" Female, 7-8

"Me and my brother can play with any toys in our house so I'm used to playing with cars and superheroes" Female, 7-8

"For me this is stupid and not a necessary practice. We should have access to all products. Less rules." Female, 9-10

"I like girls toys so I don't care" Female, 9-10

"It feels quite bad for girls to be portrayed as the weaker gender and boys have more fighting toys but girls have more baby toys and fake lipstick and eye shadow" Female, 9-10

"It used to make me angry that I was a girl so should play with dolls and not kick a football around but as you get older the rules don't apply to you so much only when you are little" Female, 9-10

"I don't like it i preferred to play with my brothers toy than my toys when i was younger" Female, 11-12

"I think that it is ridiculous that people are stereotyping the kinds of toys girls and boys should play with" Female, 11-12

"It makes me feel annoyed because there is nothing wrong with trying new things. Boys can play what they want and so can girls they don't need anyone telling them different" Female, 11-12

"Its wrong. I hate pink and people buy me pink things because i am a girl. it is a waste" Female, 11-12

"I dont have any bad feelings because I liked playing with dolls but sometimes we made fun of my little brother when he wanted to join in. I realise this was wrong" Female, 13-14

"I feel annoyed as I hate pink and I like camouflage clothes but they seen more for boys and they don't make many for girls" Female, 13-14

"I think dolls are dumb. Girls and boys are only diferent because parents make it that way. Girls love gaming and sports too if they're encouraged" Female, 13-14

"This doesnt bother me too much now as I'm older. I dont think things are as bad as they used to be like when my mum was a kid" Female, 13-14

"I feel pushed into a box" Female, 15-16

"I think it's sexist, you should let your kid choose what they want to play with, I played with cars, dolls, toy workbench and garage, dress up, makeup, and super heroes when I was growing up" Female, 15-16

"Angry. Colours are not genders. Children should enjoy what they want to enjoy and not be slandered for doing so. Children are CURIOUS. We should let them discover themselves. It's

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ridiculous. It enforces harsh stereotypes and makes boys and girls sound less equal to each other” Female, 17-18

“Embarrassed for the kind of society we live in, i believe anyone can play with whichever toy they’d like to” Female, 17-18

“I don’t feel strongly about this subject because they are only young” Female, 17-18

“I feel like its forcing the children to be a certain person but a girl can like cars and blue toys and a boy can like dolls and pink toys and they should get to decide what they want to play with.” Female, 17-18

“Frustrated- they should be able to develop their identity without the gender roles enforced” Female, 19-21

“I don’t know it just seems normal” Female, 19-21

“It is a very old-fashioned thing to do nowadays. as we are in the generation where more people are able to express themselves more and be more open to eachother. what these parents or guardians are doing is reinforcing stereotypes onto the children which can affect how they see themselves or others as they grow older” Female, 19-21

### AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

#### a) Women in sport are good role models for girls

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 84          | 86   | 83    | 85      |
| Disagree   | 5           | 4    | 6     | 6       |
| Don’t know | 10          | 10   | 12    | 10      |

### AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

#### b) Girls and boys can do the same things in PE at my school (7-10)

#### c) Girls and boys have (or had) the same choices in sport and physical activity at my school (11-21)

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 71          | 87   | 71    | 56      |
| Disagree   | 25          | 11   | 25    | 39      |
| Don’t know | 4           | 2    | 4     | 5       |

### AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

#### d) The way women athletes are shown in the media puts me off going into sport e.g. focusing on the way they look instead of their talent

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 34          | 30   | 30    | 42      |
| Disagree   | 44          | 36   | 51    | 45      |
| Don’t know | 22          | 34   | 19    | 12      |

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AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

**e) Seeing women in sport use their bodies powerfully makes me feel inspired**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 67          | 61   | 66    | 75      |
| Disagree   | 11          | 11   | 13    | 9       |
| Don't know | 21          | 28   | 21    | 16      |

AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

**f) I enjoy taking part in PE / sport / physical activity at my school (7-10)**

**g) I feel (or felt) confident taking part in PE / sport / physical activity at my school / college / uni (11-21)**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 61          | 87   | 53    | 42      |
| Disagree   | 32          | 11   | 34    | 50      |
| Don't know | 7           | 2    | 12    | 8       |

AGE 7-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

**h) I think children and young people should be more involved in designing playgrounds, parks, and outdoor facilities in their local area**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 84          | 92   | 78    | 82      |
| Disagree   | 6           | 2    | 7     | 10      |
| Don't know | 10          | 6    | 15    | 8       |

AGE 11-21: SINGLECODE

Q9. Thinking about sport and physical activity, do you agree or disagree with the following statements?

**i) I feel pressured to take part in sport and physical activity because what I see on social media makes me want to change how I look**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 41          | n/a  | 30    | 53      |
| Disagree   | 46          | n/a  | 57    | 36      |
| Don't know | 13          | n/a  | 14    | 12      |

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AGE 7-21: OPEN RESPONSE

Q10. How does watching women's sport on TV make you feel?



"Encouraged" Female, 7-8

"I don't really watch sport on tv" Female, 7-8

"I like seeing women play sports as I like to think I could do it too." Female, 7-8

"It makes me want to be strong like them" Female, 7-8

"I don't watch much but men's sport gets more time" Female, 9-10

"I like it, I want to be a footballer for Scotland" Female, 9-10

"It makes me feel happy that girls are getting more chances to do things that boys do to"  
Female, 9-10

"Wish I was doing it, especially with the ladies football it shows that it's not just for boys"  
Female, 9-10

"Good because it shows that your gender doesn't define your dreams" Female, 11-12

"I love sport. I am a swimmer and triathlete and love watching women in sport. They are strong" Female, 11-12

"It makes me feel proud and that I could do it if I wanted" Female, 11-12

"I don't like the skimpy clothes so I try not to watch. Why can women not wear shorts the same as men. Women always have tight knickers with half their buttocks showing. I don't like this. I think I would play more sports if it didn't mean dressing so skimpy" Female, 13-14

"I think it is very encouraging as women in sport should be seen as important role models for girls" Female, 13-14

"Watching the Olympics makes me feel inspired, there are so many different sports to try"  
Female, 13-14

"It makes me feel proud for them and makes me want to have their drive and ambition, they are making good changes for women" Female, 15-16

"Intimidated sometimes" Female, 15-16

"Empowered. Sad that I didn't get that chance to do sports when I was a kid and feel like I can't enjoy sports anymore" Female, 17-18

"Happy that they are now getting more opportunities on making it to the tv" Female, 17-18

"It can both be inspiring and make me want to push myself to be good at an activity but it can also knock down my confidence as I know I'm not as good as them" Female, 17-18

"It's not as exciting as men's because it doesn't have the same support" Female, 17-18

"Empowered but also sometimes women are sexualized so uncomfortable" Female, 19-21

"I am not a big fan of sports but I guess it makes little girls feel powerful and like they have equal possibilities" Female, 19-21

"It makes me jealous of everything they do, how they look and everything, also, when I go into shops, like Nike, they're always on the billboards there, and you can hardly find plus sized sport

## Girls in Scotland 2020 - Data Tables



clothes”

Female, 19-21

“Personally it inspires me. However I also get a bit frustrated as i am reminded of the injustice, as women get less payed and less respect although they clearly put in the same amount of work or sometimes even more work into their sports.” Female, 19-21

AGE 7-21: MULTICODE

**Q11. Which of the following statements about being outside in your local area do you agree with?**

| %   | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|---|----------------|------|-------|---------|
| I feel worried when I’m outside and it’s dark                                   | 50             | 42   | 51    | 56      |
| More should be done so that girls and young women feel safe in their local area | 43             | 26   | 49    | 53      |
| I feel worried to do things outside on my own                                   | 32             | 25   | 35    | 37      |
| I sometimes feel unsafe when I go outside                                       | 31             | 20   | 31    | 43      |
| I am often stared at and receive unwanted attention when I go outside           | 18             | 5    | 12    | 37      |
| <i>None of these</i>  | 23             | 31   | 24    | 15      |

# Girls in Scotland 2020 - Data Tables

## ALL ABOUT ME



AGE 7-21: MULTICODE

Q12. Thinking about the things you can do to help you to feel calm and relaxed, which of the following statements do you agree with?

| %   | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---|-------------|------|-------|---------|
| I think it's important to have time to relax and feel calm  | 71          | 73   | 75    | 64      |
| I often take care of others instead of taking care of myself  | 33          | 21   | 31    | 48      |
| I'd like more help to feel relaxed and calm (7-10) / I'd like more support to feel relaxed and calm (11-21)   | 32          | 19   | 33    | 45      |
| I don't have enough money to take care of myself or to do the things that I enjoy (11-21 only)  | 29*         | n/a  | 18    | 39      |
| I feel guilty taking time out for myself or doing the things that I enjoy (11-21 only)  | 24*         | n/a  | 16    | 32      |
| I don't have enough time to relax or do the things I enjoy (7-10) / I don't have enough time to take care of myself or do the things that I enjoy (11-21) | 16          | 9    | 11    | 27      |
| I think it's hard to find things that make me happy and relaxed (7-10 only)   | 14*         | 14   | n/a   | n/a     |
| None of these   | 6           | 7    | 8     | 3       |

\*Based on 7-10s or 11-21s answering

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

a) There should be a minimum age of 18 for cosmetic procedures (such as lip fillers, botox etc.)

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 75          | n/a  | 72    | 77      |
| Disagree   | 13          | n/a  | 12    | 15      |
| Don't know | 12          | n/a  | 16    | 8       |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

b) I regularly use apps or filters to make photos of myself look better

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 50          | n/a  | 44    | 55      |
| Disagree   | 44          | n/a  | 47    | 40      |
| Don't know | 7           | n/a  | 9     | 5       |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**c) I don't post any photos of myself unless I use an app or filter to change my appearance e.g. change features, whiten teeth etc.**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 31          | n/a  | 23    | 40      |
| Disagree   | 59          | n/a  | 65    | 54      |
| Don't know | 10          | n/a  | 12    | 7       |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**d) I use apps or filters on my photos because it's fun / creative**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 65          | n/a  | 68    | 63      |
| Disagree   | 26          | n/a  | 24    | 29      |
| Don't know | 8           | n/a  | 8     | 9       |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**e) Girls and young women shouldn't feel pressured to change the way they look**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 88          | n/a  | 92    | 85      |
| Disagree   | 6           | n/a  | 3     | 8       |
| Don't know | 6           | n/a  | 5     | 7       |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**f) I feel upset that I can't look the way I do online**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 41          | n/a  | 30    | 51      |
| Disagree   | 47          | n/a  | 56    | 38      |
| Don't know | 12          | n/a  | 13    | 11      |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**g) I delete pictures of myself if they don't receive enough likes or comments online**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 37          | n/a  | 27    | 46      |
| Disagree   | 52          | n/a  | 60    | 45      |
| Don't know | 11          | n/a  | 14    | 9       |

AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

**h) I've seen adverts online that made me feel pressured to look different**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 51          | n/a  | 40    | 63      |
| Disagree   | 36          | n/a  | 42    | 31      |
| Don't know | 12          | n/a  | 18    | 6       |



## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q13. Do you agree or disagree with the following statements?

i) Diet products and weight loss clubs shouldn't be advertised to children under 18

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 71             | n/a  | 66    | 76      |
| Disagree   | 18             | n/a  | 19    | 17      |
| Don't know | 11             | n/a  | 15    | 7       |

AGE 11-21: MULTICODE

Q14. Have you ever thought about changing your appearance, and if so, what made you want to do this?

| %   | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|---|----------------|------|-------|---------|
| To improve my confidence                            | 55             | n/a  | 43    | 67      |
| To feel better about myself                         | 51             | n/a  | 39    | 63      |
| To feel accepted / fit in better                    | 35             | n/a  | 25    | 44      |
| To express myself                                   | 30             | n/a  | 25    | 36      |
| Just to do something different                      | 29             | n/a  | 29    | 29      |
| To improve my chances of having a successful career | 15             | n/a  | 11    | 19      |
| To be an influencer online e.g. YouTuber            | 10             | n/a  | 8     | 11      |
| <i>Something else</i>                               | 2              | n/a  | 2     | 2       |
| <i>I've not considered changing my appearance</i>   | 19             | n/a  | 30    | 8       |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: MULTICODE

**Q15. Does fear that people will criticise your body ever stop you doing any of these things?**

| %  | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|--|-------------|------|-------|---------|
| Wearing certain clothes I like           | 47          | n/a  | 35    | 59      |
| Having my picture taken                  | 43          | n/a  | 29    | 56      |
| Speaking up in class, or at uni or work  | 35          | n/a  | 30    | 41      |
| Taking part in sport / physical activity | 30          | n/a  | 25    | 35      |
| Eating certain foods                     | 29          | n/a  | 22    | 35      |
| Using social media                       | 27          | n/a  | 18    | 35      |
| Going to certain places                  | 26          | n/a  | 16    | 35      |
| Trying something new                     | 25          | n/a  | 18    | 32      |
| Socialising                              | 24          | n/a  | 15    | 33      |
| Having fun with friends                  | 21          | n/a  | 16    | 25      |
| Going to school, college, uni or work    | 18          | n/a  | 15    | 20      |
| <i>None of these</i>                     | 19          | n/a  | 31    | 7       |
| <i>Don't know</i>                        | 5           | n/a  | 5     | 5       |

AGE 7-21: SINGLECODE

**Q16. Do you agree or disagree with the following statements?**

**a) I feel like I can be myself wherever I go**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 52          | 72   | 49    | 34      |
| Disagree   | 36          | 19   | 32    | 58      |
| Don't know | 12          | 9    | 19    | 8       |

AGE 7-21: SINGLECODE

**Q16. Do you agree or disagree with the following statements?**

**b) I feel part of my local community / area**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 51          | 66   | 49    | 39      |
| Disagree   | 30          | 11   | 32    | 48      |
| Don't know | 18          | 23   | 19    | 13      |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q16. Do you agree or disagree with the following statements?

**c) I'm not afraid to express myself e.g. what I wear, what I say, my interests / hobbies**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 58          | n/a  | 64    | 51      |
| Disagree   | 31          | n/a  | 24    | 37      |
| Don't know | 12          | n/a  | 11    | 12      |

AGE 7-21: SINGLECODE

Q16. Do you agree or disagree with the following statements?

**d) I feel accepted by others**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 61          | 76   | 64    | 44      |
| Disagree   | 22          | 8    | 18    | 40      |
| Don't know | 16          | 16   | 18    | 15      |

AGE 7-21: SINGLECODE

Q16. Do you agree or disagree with the following statements?

**e) I find it hard to figure out my own personality, interests and opinions**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 36          | 21   | 37    | 51      |
| Disagree   | 52          | 61   | 53    | 41      |
| Don't know | 12          | 18   | 10    | 8       |

AGE 11-21: SINGLECODE

Q16. Do you agree or disagree with the following statements?

**f) I stick to my own opinions and beliefs even when in a group with people that have different views than my own**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 70          | n/a  | 72    | 68      |
| Disagree   | 18          | n/a  | 16    | 20      |
| Don't know | 12          | n/a  | 13    | 12      |

AGE 7-21: OPEN RESPONSE

**Q17. Thinking about the last week, what things have inspired you (things you've found encouraging 7-10), and what things have you found challenging (difficult 7-10)?**

"Doing my school work online has been good. But I miss my friends." Female, 7-8

"I love spending time with my family and big sister. I miss going to the park and playing on the swings" Female, 7-8

"Not going to school is difficult. I miss my friends and the clubs I normally go to. I feel inspired when I did an online dance class and started learning guitar this week" Female, 7-8

"Church has inspired me and playing badminton in the garden. I've found maths difficult." Female, 9-10

"NHS have inspired me. Not being at school, seeing my friends or some family members." Female, 9-10

## Girls in Scotland 2020 - Data Tables



"Found being stuck at home with technology challenging. It makes you look at more videos online now." Female, 11-12

"My mother has inspired me to keep doing the things I need to for school and music and have a routine. Having motivation to get up in the morning to do work without teachers there to help explain has been very difficult" Female, 11-12

"How the community has banded together and not seeing my friends outside" Female, 13-14

"Not much either way as we are currently in lockdown but I suppose it can be inspiring to see how everyone has coped" Female, 13-14

"I get inspired by seeing girls on top in many fields whereas i feel pressure to do the same" Female, 15-16

"Intelligent women inspire me and harassment on workplace feels like challenge" Female, 15-16

"Athletes continuing to find innovative ways to train have inspired me and people coming together to help out in times of need. I have found isolation challenging as I cannot see my friends and take part in activities." Female, 17-18

"Have been inspired by the amount of help young people have been giving each other mentally, found staying indoors challenging" Female, 17-18

"I have started running due to watching influencers online. It is challenging as I am not fit enough but will be one day" Female, 17-18

"Im not too sure I think I've been truly inspired by some of my closest friends who have never let anyone stop them from being who they want to be and doing what they enjoy. I've found it quite challenging to express who I truly am and be myself around people who have different views to me" Female, 17-18

"Watching so many people 'dress down' and take their make up off exposing their 'flaws' when in reality they look absolutely gorgeous either way" Female, 17-18

"A youtuber has inspired me to be more me through her attitude towards life" Female, 19-21

"Finding out I am pregnant has made me look at life a lot differently" Female, 19-21

"I find my weight really challenging I am working out but sometimes I get tired I just want to disappear I want to lose my weight quickly because I am very cautious of my appearance" Female, 19-21

# Girls in Scotland 2020 - Data Tables

## COMMUNITY AND CONNECTIONS



AGE 7-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**a) I think it is important to speak out about issues that I care about**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 84             | 89   | 81    | 81      |
| Disagree   | 8              | 2    | 10    | 12      |
| Don't know | 9              | 9    | 10    | 8       |

AGE 7-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**b) I talk to my friends and family about the issues I care about**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 77             | 86   | 79    | 67      |
| Disagree   | 17             | 9    | 15    | 27      |
| Don't know | 6              | 5    | 6     | 7       |

AGE 7-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**c) I talk to people online about the issues I care about**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 39             | 23   | 43    | 52      |
| Disagree   | 52             | 67   | 50    | 38      |
| Don't know | 9              | 10   | 8     | 10      |

AGE 7-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**d) At school I learn (or have learnt) that skills needed to speak out about the issues I care about**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 62             | 74   | 67    | 45      |
| Disagree   | 26             | 13   | 18    | 46      |
| Don't know | 12             | 13   | 15    | 8       |

AGE 7-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**e) Fear of being picked on stops me from speaking out about the issues I care about (7-10)**

**f) Fear of being harassed stops me from speaking out about the issues I care about (11-21)**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 34             | 25   | 28    | 49      |
| Disagree   | 50             | 55   | 56    | 41      |
| Don't know | 16             | 20   | 17    | 11      |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q18. Do you agree or disagree with the following?

**g) Social media makes me feel confident to speak out about the things I care about**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 42          | n/a  | 39    | 45      |
| Disagree   | 38          | n/a  | 36    | 40      |
| Don't know | 20          | n/a  | 25    | 15      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**a) Young people my age have a bad reputation e.g. in the media**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 66          | n/a  | 57    | 74      |
| Disagree   | 19          | n/a  | 24    | 14      |
| Don't know | 15          | n/a  | 18    | 12      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**b) There should be more opportunities for younger people and older people to help each other**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 83          | n/a  | 84    | 83      |
| Disagree   | 6           | n/a  | 6     | 6       |
| Don't know | 11          | n/a  | 11    | 11      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**c) I don't feel older people listen to people my age or respect our opinions**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 53          | n/a  | 48    | 58      |
| Disagree   | 28          | n/a  | 31    | 25      |
| Don't know | 19          | n/a  | 21    | 17      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**d) I feel I can work together with older people to create change on the issues I care about**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 56          | n/a  | 53    | 58      |
| Disagree   | 23          | n/a  | 16    | 29      |
| Don't know | 22          | n/a  | 30    | 13      |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**e) I have a strong support network of friends and family**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 69          | n/a  | 75    | 63      |
| Disagree   | 20          | n/a  | 15    | 26      |
| Don't know | 11          | n/a  | 10    | 11      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**f) I have strong connections with people online**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 49          | n/a  | 43    | 55      |
| Disagree   | 35          | n/a  | 37    | 32      |
| Don't know | 16          | n/a  | 19    | 13      |

AGE 11-21: SINGLECODE

Q19. Do you agree or disagree with the following statements?

**g) I think younger and older people spending more time together is a good way to tackle loneliness**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 77          | n/a  | 75    | 79      |
| Disagree   | 9           | n/a  | 8     | 10      |
| Don't know | 14          | n/a  | 17    | 10      |

AGE 7-21: SINGLECODE

Q20. Do you agree or disagree with the following statements?

**a) I think girls and women are expected to compete against each other**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 47          | 33   | 46    | 62      |
| Disagree   | 32          | 32   | 35    | 29      |
| Don't know | 21          | 35   | 19    | 8       |

AGE 7-21: SINGLECODE

Q20. Do you agree or disagree with the following statements?

**b) I want to be popular among my peers**

**c) I want to be popular among those around me**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 54          | 59   | 52    | 50      |
| Disagree   | 31          | 24   | 31    | 37      |
| Don't know | 16          | 16   | 17    | 13      |

AGE 7-21: SINGLECODE

Q20. Do you agree or disagree with the following statements?

**d) I find it difficult to tell a friend they've upset me**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 55          | 44   | 55    | 68      |
| Disagree   | 37          | 46   | 40    | 25      |
| Don't know | 8           | 10   | 6     | 8       |

## Girls in Scotland 2020 - Data Tables



AGE 7-21: SINGLECODE

Q20. Do you agree or disagree with the following statements?

**e) I find it difficult to make friends / keep friends**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 38             | 21   | 35    | 57      |
| Disagree   | 53             | 68   | 55    | 34      |
| Don't know | 10             | 10   | 9     | 9       |

AGE 7-21: MULTICODE

**Q21a. Which of these groups or clubs are you part of?**

| %   | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|---|----------------|------|-------|---------|
| Hobby / interest group e.g. choir or musical instrument | 32             | 41   | 30    | 24      |
| Sports team   | 31             | 39   | 36    | 19      |
| Youth group e.g. Brownies/Guides, Scouts                | 24             | 41   | 20    | 11      |
| Online/internet group                                   | 22             | 16   | 23    | 27      |
| Study / homework group                                  | 19             | 16   | 18    | 22      |
| Voluntary / charity group                               | 9              | 3    | 11    | 14      |
| Religious group   | 8              | 9    | 7     | 7       |
| Support group   | 4              | 1    | 6     | 6       |
| Political party (only 11-21)                            | 2*             | n/a  | 2     | 3       |
| Other   | 4              | 6    | 4     | 1       |
| <i>None of these</i>                                    | 23             | 10   | 27    | 32      |

\*Based on 11-21s answering



## Girls in Scotland 2020 - Data Tables



BASE: THOSE WHO BELONG TO GROUPS OR CLUBS

AGE 11-21: MULTICODE

**Q21b. Thinking about the groups you belong to, please select the statements below that apply to you?**

| %   | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---|-------------|------|-------|---------|
| I get to have fun and enjoy myself                                    | 72          | n/a  | 73    | 71      |
| I feel accepted by the group(s) I'm part of                           | 58          | n/a  | 67    | 48      |
| I have a good connection with the people in the group(s) I'm part of  | 58          | n/a  | 63    | 53      |
| I feel respected by the other members of the group(s) I'm part of     | 56          | n/a  | 62    | 51      |
| I get to learn new skills   | 59          | n/a  | 59    | 60      |
| I have a lot in common with other members of the group(s) I'm part of | 56          | n/a  | 58    | 55      |
| I feel different to other members of the group(s) I'm part of         | 23          | n/a  | 15    | 30      |
| None of these   | 1           | n/a  | 1     | 2       |

BASE: THOSE WHO BELONG TO GROUPS OR CLUBS

AGE 7-21: OPEN RESPONSE

**Q22. What do you enjoy most about belonging to a group?**

"Brownies is fun and I like playing games and going to camps" Female, 7-8

"I get to meet new friends" Female, 7-8

"Making friends. Having fun. Doing exciting new things I wouldn't otherwise do. Feeling like I belong. Helping others. Being active" Female, 7-8

"The friends I've made are like family" Female, 7-8

"Feel the same, not alone, can always talk about what you are all doing" Female, 9-10

"It's fun and I get to be with my friends and learn new things" Female, 9-10

"Competing as a team. Having friends. Keeping fit. Meeting other people" Female, 11-12

"I do gymnastics and I like that we support and help each other as we're all good at different things" Female, 11-12

"Like a big family because everyone knows a lot about each other, lots of fun when we go on trips together" Female, 11-12

"They accept me for who I am" Female, 11-12

"Challenging myself to learn new skills and spending social time with other like minded people" Female, 13-14

"Feel part of something" Female, 13-14

"That we all respect each other and have the same interests" Female, 13-14

"Having a social group that I look forward to seeing" Female, 15-16

"That everyone respects each another and support each another when needed" Female, 15-16

"Being able to help others and getting my ideas across. Also, listening to what others have to say on issues in the world" Female, 17-18

## Girls in Scotland 2020 - Data Tables



“Feel accepted” Female, 17-18

“I’m able to express myself without being judged and I’m able to relate to people” Female, 17-18

“Having likeminded people from all over the world to socialise with” Female, 19-21

“I feel like people on understand me more” Female, 19-21

“The ability to discuss with others and share points of view” Female, 19-21

“You are all there because youre interested in the topic at hand, so everyone there is keen to learn, therefore being open to the other people there and talking about the topic.” Female, 19-21

AGE 7-21: SINGLECODE

Q23. For each of the following statements, do you think girls are more likely to them when they’re with other girls, when they’re with girls and boys, or is there no difference?

**a) Girls are more likely to speak up about things that are important to them**

| %                               | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---------------------------------|-------------|------|-------|---------|
| If they are with girls only     | 46          | 38   | 47    | 52      |
| If they are with girls and boys | 13          | 11   | 13    | 15      |
| No difference                   | 33          | 44   | 31    | 23      |
| Don’t know                      | 8           | 7    | 8     | 10      |

AGE 7-21: SINGLECODE

Q23. For each of the following statements, do you think girls are more likely to them when they’re with other girls, when they’re with girls and boys, or is there no difference?

**b) Girls are more likely to feel comfortable to be themselves when taking part in something**

| %                               | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---------------------------------|-------------|------|-------|---------|
| If they are with girls only     | 47          | 35   | 49    | 58      |
| If they are with girls and boys | 13          | 17   | 11    | 12      |
| No difference                   | 31          | 41   | 31    | 21      |
| Don’t know                      | 8           | 8    | 8     | 9       |

AGE 7-21: SINGLECODE

Q23. For each of the following statements, do you think girls are more likely to them when they’re with other girls, when they’re with girls and boys, or is there no difference?

**c) Girls are more likely to gain confidence when taking part in something**

| %                               | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---------------------------------|-------------|------|-------|---------|
| If they are with girls only     | 40          | 29   | 40    | 50      |
| If they are with girls and boys | 18          | 18   | 17    | 18      |
| No difference                   | 33          | 44   | 35    | 20      |
| Don’t know                      | 10          | 8    | 9     | 12      |

# Girls in Scotland 2020 - Data Tables

## SKILLS AND CAREERS



AGE 11-21: MULTICODE

**Q24. Which of the following do you think would encourage more girls and women to take up leadership roles?**

| %   | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---|-------------|------|-------|---------|
| Stop judging women leaders by what they wear and how they look  | 64          | n/a  | 59    | 68      |
| Help girls and young women to build on the skills and confidence they need to be a leader                         | 60          | n/a  | 60    | 61      |
| More opportunities available to involve young people in decisions that affect them                                | 59          | n/a  | 52    | 66      |
| Help girls and young women to see other women that look like them, who they can relate to in leadership positions | 54          | n/a  | 48    | 60      |
| Challenge the abuse and harassment of women in leadership positions   | 54          | n/a  | 44    | 64      |
| More support given to people who want to start a family and have a career   | 50          | n/a  | 41    | 58      |
| Don't know  | 10          | n/a  | 13    | 8       |

AGE 7-21: SINGLECODE

**Q25. Do you agree or disagree with the following statements about politics and the news?**

**a) I believe I have the skills to understand what is real and not real in the news, media and online**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 57          | 46   | 57    | 68      |
| Disagree   | 15          | 14   | 13    | 17      |
| Don't know | 28          | 40   | 30    | 15      |

AGE 11-21: SINGLECODE

**Q25. Do you agree or disagree with the following statements about politics and the news?**

**b) I believe I have the skills to be critical about what I read in the news, media and online**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 60          | n/a  | 51    | 69      |
| Disagree   | 17          | n/a  | 18    | 17      |
| Don't know | 22          | n/a  | 31    | 15      |

AGE 11-21: SINGLECODE

**Q25. Do you agree or disagree with the following statements about politics and the news?**

**c) I'm worried about fake news**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 51          | n/a  | 53    | 49      |
| Disagree   | 32          | n/a  | 28    | 36      |
| Don't know | 17          | n/a  | 18    | 15      |

AGE 11-21: SINGLECODE

**Q25. Do you agree or disagree with the following statements about politics and the news?**

## Girls in Scotland 2020 - Data Tables



d) I feel newspapers, magazines and influencers on social media need to do more to stop reinforcing gender stereotypes

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 68          | n/a  | 65    | 71      |
| Disagree   | 12          | n/a  | 10    | 15      |
| Don't know | 19          | n/a  | 25    | 14      |

AGE 7-21: SINGLECODE

Q25. Do you agree or disagree with the following statements about politics and the news?

e) I think there should be more opportunities for young people to get involved in politics

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 62          | 52   | 62    | 74      |
| Disagree   | 11          | 8    | 12    | 13      |
| Don't know | 26          | 40   | 26    | 13      |

AGE 7-21: SINGLECODE

Q25. Do you agree or disagree with the following statements about politics and the news?

f) I think there should be more opportunities for people from different backgrounds to get involved in politics

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 67          | 54   | 70    | 77      |
| Disagree   | 8           | 7    | 7     | 12      |
| Don't know | 24          | 39   | 23    | 11      |

AGE 11-21: SINGLECODE

Q25. Do you agree or disagree with the following statements about politics and the news?

g) More needs to be done to make politics equal for men and women

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 73          | n/a  | 70    | 77      |
| Disagree   | 9           | n/a  | 9     | 9       |
| Don't know | 17          | n/a  | 21    | 14      |

AGE 11-21: SINGLECODE

Q25. Do you agree or disagree with the following statements about politics and the news?

h) There should be more political education in schools

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 60          | n/a  | 53    | 67      |
| Disagree   | 20          | n/a  | 21    | 18      |
| Don't know | 20          | n/a  | 26    | 15      |

AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

## Girls in Scotland 2020 - Data Tables



a) There are (or were) lots of opportunities for me to explore careers traditionally targeted at men at school, college or uni e.g. engineering and manual jobs etc.

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 52          | n/a  | 50    | 55      |
| Disagree   | 26          | n/a  | 22    | 30      |
| Don't know | 21          | n/a  | 28    | 15      |

AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

b) There are (or were) lots of opportunities for me to explore different skills at school, college or uni e.g. communication, creativity, problem solving etc.

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 59          | n/a  | 65    | 54      |
| Disagree   | 25          | n/a  | 22    | 29      |
| Don't know | 16          | n/a  | 13    | 18      |

AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

c) I feel (or felt) pressured to make decisions about my future career at school, college or uni

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 63          | n/a  | 53    | 73      |
| Disagree   | 23          | n/a  | 30    | 16      |
| Don't know | 14          | n/a  | 17    | 11      |

AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

d) There are no meaningful work experience / part time job opportunities in my area related to the career I want

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 48          | n/a  | 39    | 57      |
| Disagree   | 23          | n/a  | 23    | 24      |
| Don't know | 28          | n/a  | 38    | 19      |

AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

e) I find it difficult to balance school and education with work and other commitments e.g. extra-curricular activities and spending time with friends

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 51          | n/a  | 41    | 61      |
| Disagree   | 34          | n/a  | 42    | 26      |
| Don't know | 15          | n/a  | 17    | 13      |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q26. Do you agree or disagree with the following statements about careers and opportunities?

**f) I feel pressured to follow a certain path e.g. going to university, doing an apprenticeship etc.**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 49          | n/a  | 39    | 59      |
| Disagree   | 35          | n/a  | 42    | 28      |
| Don't know | 16          | n/a  | 19    | 13      |

AGE 7-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**a) There are certain subjects or careers I'm expected to do because I'm a girl**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 43          | 35   | 35    | 58      |
| Disagree   | 40          | 40   | 49    | 33      |
| Don't know | 17          | 25   | 16    | 10      |

AGE 11-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**b) Boys are generally seen as smarter than girls**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 32          | n/a  | 30    | 34      |
| Disagree   | 55          | n/a  | 56    | 54      |
| Don't know | 13          | n/a  | 14    | 12      |

AGE 11-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**c) My school should do more to tackle gender stereotypes**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 56          | n/a  | 48    | 63      |
| Disagree   | 25          | n/a  | 24    | 25      |
| Don't know | 20          | n/a  | 28    | 12      |

AGE 11-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**d) I have been patronised or made to feel stupid because I am a girl**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 44          | n/a  | 33    | 55      |
| Disagree   | 41          | n/a  | 50    | 33      |
| Don't know | 15          | n/a  | 17    | 12      |

AGE 7-10: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**e) I have been made to feel stupid because I am a girl**

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 22          | 22   | n/a   | n/a     |
| Disagree   | 71          | 71   | n/a   | n/a     |
| Don't know | 7           | 7    | n/a   | n/a     |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**f) I'm influenced by my friends when choosing my subjects**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 39             | n/a  | 35    | 43      |
| Disagree   | 46             | n/a  | 50    | 43      |
| Don't know | 14             | n/a  | 14    | 14      |

AGE 7-10: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**g) I think women and men have the same chances in life**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 59             | 59   | n/a   | n/a     |
| Disagree   | 23             | 23   | n/a   | n/a     |
| Don't know | 18             | 18   | n/a   | n/a     |

AGE 7-10: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**h) Boys better at being in charge**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 5              | 5    | n/a   | n/a     |
| Disagree   | 88             | 88   | n/a   | n/a     |
| Don't know | 7              | 7    | n/a   | n/a     |

AGE 7-10: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**i) Women are judged more on what they look like than what they can do**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 50             | 50   | n/a   | n/a     |
| Disagree   | 22             | 22   | n/a   | n/a     |
| Don't know | 28             | 28   | n/a   | n/a     |

AGE 7-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

**j) I would like a job in technology when I'm older (such as an astronaut, video games tester, engineer, designer of websites and gadgets) (7-10)**

**k) I would consider a job in technology (such as an astronaut, video games tester, engineer, designer of websites and gadgets) (11-21)**

| %          | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|------------|----------------|------|-------|---------|
| Agree      | 45             | 39   | 52    | 45      |
| Disagree   | 32             | 27   | 29    | 41      |
| Don't know | 22             | 34   | 19    | 14      |

## Girls in Scotland 2020 - Data Tables



AGE 7-21: SINGLECODE

Q27. Do you agree or disagree with the following statements?

l) I don't want a job in technology when I grow up because not many women do this (7-10)

m) I'm put off working in technology because I don't know of many women working in it (11-21)

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Agree      | 20          | 11   | 23    | 26      |
| Disagree   | 57          | 59   | 54    | 57      |
| Don't know | 23          | 30   | 22    | 17      |

AGE 7-21: OPEN RESPONSE

Q28. To make life better for girls, what is the one top thing you want to be different?

"For boys and girls to have the same chances and same paid jobs" Female, 7-8

"For every single person who lives to know that a women can do anything a man can do and man can do anything a woman can do" Female, 7-8

"The way people say your not a boy you can't do that" Female, 7-8

"To feel safe on their own" Female, 7-8

"For boys to see we can do what they can do and better sometimes" Female, 9-10

"I want to feel like what I say matters" Female, 9-10

"More women politicians" Female, 9-10

"Men to be caring and respectful" Female, 11-12

"To make sure that ALL girls get the right to a good education" Female, 11-12

"To stop gender stereotypes and not be judgemental and let women do what they want, whether they want to work and not have kids or stay at home and raise a family" Female, 11-12

"Give us more confidence building" Female, 13-14

"I don't think anything needs to change really. Women have all the same rights as men. I don't believe women and girls should see ourselves as victims or weaker that holds us back. Women can be engineers and scientists and whatever they want. Nobody today is stopping them trying. Maybe except some old fashioned old people. But the world is more fair today than ever" Female, 13-14

"Less of a divide when it comes to smarts" Female, 13-14

"Not to be judged on appearance" Female, 13-14

"Everyone should get a good education across the world" Female, 15-16

"Grants for girls to study traditionally male courses at university like engineering and sciences. This would encourage a bigger uptake" Female, 15-16

"I dont want a girl to be judged according to her lifestyle" Female, 15-16

"The way girls are portrayed on the media as it can affect the way people see themselves." Female, 15-16



## Girls in Scotland 2020 - Data Tables



“Everything to be equal for men and women” Female, 17-18

“For both males and females to stop judging women” Female, 17-18

“Girls need to support each other instead of bringing each other down. we’re all on the same team” Female, 17-18

“Older people should inspire young children and youth, not criticise them” Female, 17-18

“For the mindset that women are not as good as men change. Now almost no people would say that they think that way, but it is still deep inside everyone. Why guys still can't wear a dress in public and feel safe and accepted about it? Not only because of homophobia, but also because it is seen as girly. And girly=bad. So generally it affects not only girls but guys too.” Female, 19-21

“I would like for girls and women to be seen as people to men and not an object to be sexualised even if its in an office or on the street” Female, 19-21

“One top thing I would want different is for the whole world to tackle gender stereotypes so we can get rid of them finally and allow girls to be and do whatever they can achieve” Female, 19-21

# Girls in Scotland 2020 - Data Tables



## PROFILE INFORMATION

AGE 7-21: MULTICODE

Which of these do you belong to, or have belonged to in the past?

| %                  | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|--------------------|-------------|------|-------|---------|
| Rainbows           | 28          | 33   | 25    | 26      |
| Brownies           | 38          | 34   | 41    | 40      |
| Guides             | 19          | 5    | 24    | 28      |
| The Senior Section | 4           | 2    | 4     | 7       |
| None of these      | 48          | 48   | 50    | 45      |

AGE 7-21: SINGLECODE

Which of these broad groups best describes your ethnic background?

| %   | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|---|-------------|------|-------|---------|
| White                                       | 84          | 88   | 85    | 80      |
| Mixed                                       | 5           | 3    | 4     | 6       |
| Asian / Asian British                       | 4           | 4    | 4     | 5       |
| Black / African / Caribbean / Black British | 3           | 1    | 3     | 4       |
| Other                                       | 1           | 1    | 1     | 1       |
| Prefer not to say / Don't know              | 4           | 3    | 3     | 5       |

AGE 7-21: SINGLECODE

What is your religion?

| %                              | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|--------------------------------|-------------|------|-------|---------|
| Christian                      | 33          | 37   | 33    | 28      |
| Muslim                         | 2           | 3    | 2     | 2       |
| Hindu                          | 1           | 1    | 1     | 1       |
| Buddhist                       | 1           | 1    | 1     | 2       |
| Sikh                           | 1           | 0    | 1     | 1       |
| Jewish                         | 0           | 0    | 1     | 0       |
| Another religion               | 3           | 2    | 1     | 5       |
| None                           | 52          | 46   | 56    | 54      |
| Don't know / Prefer not to say | 7           | 10   | 4     | 7       |

AGE 7-21: SINGLECODE

Do you consider yourself to have a disability?

| %          | SCOT. TOTAL | 7-10 | 11-16 | Post 16 |
|------------|-------------|------|-------|---------|
| Yes        | 6           | 2    | 6     | 10      |
| No         | 91          | 97   | 90    | 86      |
| Don't know | 3           | 2    | 4     | 4       |

## Girls in Scotland 2020 - Data Tables



AGE 11-21: SINGLECODE

**Do you think of yourself as:**

| %                              | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|--------------------------------|----------------|------|-------|---------|
| Straight or heterosexual       | 73             | -    | 76    | 71      |
| Bisexual or Bi                 | 14             | -    | 9     | 18      |
| Lesbian or gay                 | 3              | -    | 3     | 2       |
| Questioning                    | 2              | -    | 1     | 4       |
| Something else                 | 2              | -    | 1     | 4       |
| Prefer not to say / Don't know | 6              | -    | 10    | 2       |

AGE 11-21: SINGLECODE

**How would you describe your gender?**

| %                              | SCOT.<br>TOTAL | 7-10 | 11-16 | Post 16 |
|--------------------------------|----------------|------|-------|---------|
| Female                         | 97             | -    | 95    | 98      |
| Male                           | 1              | -    | 2     | 0       |
| Prefer to self-describe        | 1              | -    | 1     | 2       |
| Prefer not to say / Don't know | 2              | -    | 2     | 1       |