

## International Community Experience (ICE) 2021

### What is ICE?

Girlguiding Scotland's International Community Experience (ICE) project is an exciting three-stage project open to Guides between the ages of 11 and 13. ICE offers the opportunity for personal development through community action linked with international experiences. It is designed to give Guides the opportunity to think about their community, increase their global awareness, take part in community action work, and provides a gentle introduction to international adventures. It brings Guides together from all over Scotland to have fun while doing something for others.

In the past, Guides have helped to sort donations at a foodbank, sorted clothes at a refugee crisis centre, taken part in a canal clean up and animal preservation workshops, stripped weeds and cleaned drains, painted benches and gates, planted trees and built steps along a woodland walk, and lots of other things!

It's not all hard work - in previous projects, Guides have had a go at African drumming, tubing, climbing, swimming, archery, and arts and crafts. They have explored Edinburgh, Dundee, Stirling, Belfast, Ireland, Norway, and The Netherlands. Every year is different, and Guides will help to shape every Stage!

### Stage 1

This year, for the first time, ICE Stage 1 will take place online from the comfort of your own home! Stage 1 is designed to introduce Guides to community action and raise international awareness. You will spend time during this stage investigating your local community, finding out about community projects, and exploring international cultures!

### Stage 2

Stage 2 of ICE builds on your Stage 1 experience. During this stage, you will get more involved in community action projects, continue to explore international issues, and help to plan Stage 3!

### Stage 3

The final part of your ICE adventure is only open to Guides who have completed Stages 1 and 2. Stage 3 is a European residential event, where Guides will take part in a community project, explore other cultures, make friends with other members of the World Association of Girl Guides and Girl Scouts, find out about other international opportunities, and develop skills to take action with your own unit.



### Who can take part?

Guides can come along as a group or on their own. They don't need any previous camp or residential experience, but do need to come prepared to work hard!

All participants must be at least 11 at the time of Stage 1, and no older than 13 on completion of Stage 3. Guides must be a member of Girlguiding in Scotland.

Guides must take part in Stage 1 to be eligible for Stage 2 and 3, but do not have to commit to all three stages up front - they can choose how many stages they are comfortable taking part in.

### When is ICE 2021?

#### **Stage 1: 22<sup>nd</sup> - 24<sup>th</sup> January 2021**

Due to the Covid-19 pandemic, Stage 1 will take place online. Guides will receive an activity pack to work on independently, with Zoom sessions during the weekend of 22<sup>nd</sup> - 24<sup>th</sup> January 2021.

**Location:** Online

**Cost:** £15 per person (the team will provide payment details shortly after you submit your application)

#### **Stage 2: Friday 7<sup>th</sup> - Sunday 9<sup>th</sup> May 2021 (subject to change)**

More information about Stage 2 will be provided in January 2021. Please note, dates and locations may be subject to change in line with local and national Covid-19 restrictions.

**Location:** If we are able to carry out Stage 2 in person, there will be two locations - one will be in the north of Scotland, and the other will be in the south or central belt.

**Cost:** £140 per person (not including travel costs).

#### **Stage 3: DATES TBC**

The international element of ICE 2021 is scheduled to take place over five days between 16<sup>th</sup> - 24<sup>th</sup> October 2021, during the October break. Dates will depend on participant and leader availability.

**Cost:** Will be dependent on location and mode of transport, but is anticipated to be no more than £480 per person.

**Note:** all Stage 3 participants will require a current passport (which should be valid for at least six months after the end of the trip). Please arrange these as soon as possible after your place on ICE 2021 is confirmed, as we will be asking for details in April!

### How do I sign up?

Fill in the online application form: <https://www.surveymonkey.co.uk/r/HZHZV9R> by 9am on Monday 7<sup>th</sup> December 2020. There are 100 places for ICE 2021, and they will be offered on a first-come-first-served basis until all places are filled. After this, we will hold a waiting list - if you're on the waiting list you will be contacted up to one week before Stage 1 should a space become available.

More information and forms will be sent to everyone who has secured a place shortly after the deadline.



## **Fundraising**

To make sure all Guides are able to take part in ICE, regardless of their financial position, we would encourage everyone to fundraise to cover the cost of taking part. Fundraising and budgeting are key skills for planning and taking part in international or community projects.

We will share some fundraising ideas during Stage 1, but your County International Adviser and your Guide Leaders may be able to help you get started.

## **What can I do after ICE?**

ICE is a great way to find out about further international opportunities within Girlguiding. Many previous participants have gone on to take part in Girlguiding Scotland's annual INTOPS (INTERNational OPPortunities) event, with many representing Girlguiding Scotland at international events overseas and in the UK!