



Girls in Scotland 2018: Data Tables

METHODOLOGY

Girlguiding Scotland commissioned CHILDWISE, leading specialists in research with children and young people, to conduct a survey into the lives of girls in Scotland today, looking at the particular challenges they face, their interests, and how they feel about their lives.

A total of 540 girls and young women aged between 7 and 25 took part in the survey. The questionnaire was adapted to be suitable for different age groups, 7 to 11, 12 to 17 and 18 to 25 years. Fieldwork took place during April to June 2018.

The majority of interviews were completed online, with 7 to 17 year olds doing this in school, while the older age group were interviewed via an online panel (a small number of top-up interviews for 7 to 17 year olds were also carried out via this panel). Additional face to face interviews were carried out with young women who were not in education, employment, or training (NEET), to ensure that this potentially marginalised group was fully represented.

Sample Details

The tables below show the actual numbers of responses by age, area, and ethnicity. Data was weighted at analysis to correct any imbalance in the final sample across the age range.

<i>TOTAL</i>	<i>7-9 YRS</i>	<i>10-11 YRS</i>	<i>12-14 YRS</i>	<i>15-17 YRS</i>	<i>18-21 YRS</i>	<i>22-25 YRS</i>
540	105	102	78	98	64	93

<i>AREA</i>		
<i>URBAN</i>	<i>SUBURBAN</i>	<i>RURAL</i>
160	160	220

<i>ETHNICITY</i>		
<i>WHITE</i>	<i>MINORITY</i>	<i>DK/NA</i>
364	51	125

MY EDUCATION AND SKILLS

AGE 7-25 - I enjoy(ed) most or all of my classes at school (/ college)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	30	44	19	29
Somewhat agree	42	41	41	43
Neither agree nor disagree	14	7	22	12
Somewhat disagree	9	6	10	9
Strongly disagree	5	2	8	6

AGE 7-25 - I feel (felt) safe at school (/ college)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	37	52	26	36
Somewhat agree	35	26	42	35
Neither agree nor disagree	16	11	15	18
Somewhat disagree	7	3	12	7
Strongly disagree	5	7	5	4

AGE 7-25 - I feel (felt) like I can (could) be myself at school (/ college)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	31	50	22	25
Somewhat agree	31	25	34	31
Neither agree nor disagree	16	10	19	18
Somewhat disagree	14	10	15	16
Strongly disagree	9	5	9	10

AGE 7-25 - I worry (worried) about being teased or bullied at school (/ college)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	25	28	16	29
Somewhat agree	21	18	21	22
Neither agree nor disagree	20	12	25	20
Somewhat disagree	17	16	17	18
Strongly disagree	17	25	21	11

AGE 7-25 - I can (could) speak to my teacher(s) or other staff at school (/ college) if I am (was) worried or sad

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	28	51	18	22
Somewhat agree	31	32	32	30
Neither agree nor disagree	17	10	21	18
Somewhat disagree	14	2	16	21
Strongly disagree	10	5	13	9

AGE 7-25 - I worry (worried) about schoolwork (/ collegework)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	28	14	26	37
Somewhat agree	31	27	33	32
Neither agree nor disagree	19	20	21	17
Somewhat disagree	12	16	13	10
Strongly disagree	10	23	7	4

AGE 7-25 - I feel (felt) pressure to achieve at school (/ college)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	33	23	29	42
Somewhat agree	31	24	33	34
Neither agree nor disagree	19	24	25	12
Somewhat disagree	9	11	10	8
Strongly disagree	7	18	4	4

AGE 12-25 - Are there any subjects you aren't currently (weren't) taught at your school, but you would like to be (have been)?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Money management / Finance	55	-	53	57
Resilience and mental wellbeing	47	-	33	56
Social skills eg. talking with others	39	-	33	43
My options after school other than university	35	-	34	35
Politics / Citizenship / Importance of voting	20	-	19	21
Creatives skills eg. creative writing, photography	16	-	20	13
Cooking	15	-	19	11
Practical skills (eg. electrical, plumbing)	13	-	16	10
Digital skills	13	-	14	12
Languages	10	-	15	7
Latin / Greek	10	-	10	10
Other	5	-	5	5
None of these	12	-	10	13

AGE 12-25 – Do you feel you learn (learnt) about the achievements of women in the following subjects at school (college or university)? – History, Modern Studies and Citizenship

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	66	-	73	61
No	34	-	27	39

AGE 12-25 – Do you feel you learn (learnt) about the achievements of women in the following subjects at school (college or university)? – English

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	57	-	61	55
No	43	-	39	45

AGE 12-25 – Do you feel you learn (learnt) about the achievements of women in the following subjects at school (college or university)? – Science, Technology, Engineering and Maths

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	43	-	45	42
No	57	-	55	58

AGE 12-25 – Would you like to see (have seen) more women represented in these subjects?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	91	-	95	88
No	9	-	5	12

AGE 13-25 – Do (did) you learn about the following topics in personal, social and health education? – Healthy relationships

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We learn (learnt) a lot about this	23	-	29	20
We learn (learnt) a little about this	49	-	54	46
We don't (didn't) learn about this	29	-	17	34

AGE 13-25 – Do (did) you learn about the following topics in personal, social and health education? – Sexual harassment and abuse

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We learn (learnt) a lot about this	16	-	22	13
We learn (learnt) a little about this	46	-	51	44
We don't (didn't) learn about this	38	-	28	43

AGE 13-25 – Do (did) you learn about the following topics in personal, social and health education? – Online pornography

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We learn (learnt) a lot about this	10	-	10	10
We learn (learnt) a little about this	30	-	42	25
We don't (didn't) learn about this	60	-	48	66

AGE 13-25 – Do (did) you learn about the following topics in personal, social and health education? – Consent

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We learn (learnt) a lot about this	22	-	26	21
We learn (learnt) a little about this	40	-	53	34
We don't (didn't) learn about this	38	-	21	45

AGE 13-25 – Do (did) you learn about the following topics in personal, social and health education? – Gender equality

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We learn (learnt) a lot about this	17	-	25	13
We learn (learnt) a little about this	45	-	45	44
We don't (didn't) learn about this	39	-	30	43

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AGE 12-25 – How likely would you be to consider doing a modern apprenticeship?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very likely	14	-	12	15
Somewhat likely	42	-	43	42
Somewhat unlikely	23	-	26	21
Very unlikely	21	-	19	22

AGE 12-25 WOULD DO AN APPRENTICESHIP – What areas would you be interested in doing a modern apprenticeship in?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Healthcare / Social care	39	-	35	42
Childcare	37	-	40	34
Creative (design, photography, fashion)	33	-	30	36
Hospitality / Tourism	28	-	21	33
Hairdressing / Beauty	24	-	28	22
Administration	22	-	15	26
I.T.	19	-	10	25
Engineering / Mechanics	10	-	10	10
Farming and Agriculture	8	-	8	9
Construction / Joinery / Painting and decorating	8	-	10	6
Retail	3	-	8	n/a
Other	10	-	19	4
None of these	4	-	2	5

AGE 12-25 – Free tuition means I am more likely to go to university or college

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	48	-	45	50
Somewhat agree	29	-	30	29
Neither agree nor disagree	14	-	16	13
Somewhat disagree	5	-	4	5
Strongly disagree	4	-	5	3

AGE 12-25 – I worry about how I will pay for living costs while studying at college or university

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	29	-	29	28
Somewhat agree	37	-	36	38
Neither agree nor disagree	20	-	18	20
Somewhat disagree	10	-	10	10
Strongly disagree	5	-	7	3

AGE 12-25 – I worry about getting in debt because of going to university or college

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	29	-	24	32
Somewhat agree	33	-	35	32
Neither agree nor disagree	17	-	21	15
Somewhat disagree	14	-	13	15
Strongly disagree	6	-	7	5



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AGE 12-25 – I think going to college or university is important for my future career

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	46	-	57	38
Somewhat agree	28	-	27	29
Neither agree nor disagree	16	-	9	21
Somewhat disagree	6	-	3	8
Strongly disagree	4	-	4	4

AGE 12-25 – I think the benefits of going to college or university are worth the cost

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	26	-	37	18
Somewhat agree	38	-	37	39
Neither agree nor disagree	25	-	18	30
Somewhat disagree	9	-	8	10
Strongly disagree	2	-	1	3

AGE 12-25 – I would consider alternatives to going to college or university full-time like a modern apprenticeship

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	13	-	13	13
Somewhat agree	36	-	36	36
Neither agree nor disagree	29	-	24	32
Somewhat disagree	15	-	15	15
Strongly disagree	7	-	11	4

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because I'm a girl**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	6	-	6	7
Often	22	-	16	26
Sometimes	30	-	24	34
Occasionally	19	-	21	18
Never	23	-	34	15

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my religion**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	3	-	3	3
Often	4	-	5	4
Sometimes	6	-	2	9
Occasionally	8	-	5	10
Never	79	-	86	75

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my religion – by religion**

%	TOTAL	Religion n=117	No religion n=167	DK/NR n=36
Always	3	6	2	0
Often	4	8	0	9
Sometimes	6	15	1	0
Occasionally	8	12	4	9
Never	79	59	93	82

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of the way I dress**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	8	-	8	9
Often	14	-	12	15
Sometimes	21	-	19	22
Occasionally	25	-	19	29
Never	32	-	42	25

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of the activities I like to do**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	8	-	6	9
Often	15	-	17	13
Sometimes	22	-	19	24
Occasionally	19	-	20	17
Never	37	-	38	37

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my race / ethnicity**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	5	-	3	7
Often	5	-	4	6
Sometimes	3	-	4	3
Occasionally	5	-	3	6
Never	82	-	87	78

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my race / ethnicity – by ethnicity**

%	TOTAL	White n=253	Minority n=18	DK/NR n=51
Always	5	3	31	5
Often	5	4	9	10
Sometimes	3	3	13	4
Occasionally	5	5	13	2
Never	82	86	34	79

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my sexuality**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	5	-	7	3
Often	4	-	3	5
Sometimes	11	-	10	11
Occasionally	6	-	7	4
Never	75	-	73	76

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of my sexuality – by sexuality**

%	TOTAL	Heterosexual n=238	Other sexuality n=45	DK/NR n=38
Always	5	2	19	0
Often	4	1	8	18
Sometimes	11	8	28	10
Occasionally	6	4	13	5
Never	75	85	32	67

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of a disability**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	4	-	2	6
Often	4	-	6	3
Sometimes	5	-	3	7
Occasionally	5	-	4	5
Never	82	-	86	78

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of a disability – by disability**

%	TOTAL	Disabled n=32	Not disabled n=252	DK/NR n=34
Always	4	26	2	0
Often	4	17	2	12
Sometimes	5	29	3	0
Occasionally	5	5	3	19
Never	82	22	91	70

**AGE 12-25 – Do you feel you have ever been treated differently because of the following –
Because of the way I look**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	13	-	14	12
Often	17	-	14	19
Sometimes	25	-	24	26
Occasionally	22	-	21	23
Never	23	-	28	20

**AGE 7-25 – I feel like my family members treat me differently than they do the boys in my
family**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	12	13	12	11
Somewhat agree	21	13	19	27
Neither agree nor disagree	16	15	15	18
Somewhat disagree	12	8	11	15
Strongly disagree	39	51	43	29

AGE 7-25 – I feel like I have to do more housework or chores than I would if I was a boy

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	13	12	10	16
Somewhat agree	15	8	17	18
Neither agree nor disagree	22	15	22	25
Somewhat disagree	14	13	11	17
Strongly disagree	36	51	40	24

AGE 7-25 – I feel like I would have more freedom to go out by myself if I was a boy

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	21	13	20	26
Somewhat agree	25	9	28	31
Neither agree nor disagree	15	14	14	17
Somewhat disagree	9	10	8	9
Strongly disagree	30	54	30	16

AGE 7-25 – I feel like the rules are the same for boys and girls in my family

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	37	57	39	22
Somewhat agree	20	16	27	17
Neither agree nor disagree	23	13	18	33
Somewhat disagree	10	5	8	16
Strongly disagree	10	10	7	11

AGE 7-25 – I feel I receive(d) the same pocket money as boys in my family

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	45	53	48	39
Somewhat agree	17	8	16	22
Neither agree nor disagree	24	22	23	26
Somewhat disagree	6	4	7	5
Strongly disagree	8	13	5	8

AGE 7-25 – I feel like I have (had) to play with certain toys or wear certain clothes because I am a girl

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	14	17	13	14
Somewhat agree	19	12	16	26
Neither agree nor disagree	18	14	20	19
Somewhat disagree	17	12	14	21
Strongly disagree	32	44	37	21

AGE 7-25 – I feel like I can do anything a boy can do

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	47	61	45	39
Somewhat agree	31	23	30	35
Neither agree nor disagree	11	5	10	14
Somewhat disagree	6	3	9	6
Strongly disagree	6	7	7	5

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm with my family

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	64	80	69	51
Somewhat comfortable	21	15	19	25
Neither comfortable nor uncomfortable	8	2	9	11
Somewhat uncomfortable	4	2	2	7
Very uncomfortable	3	1	1	6

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm with my friends

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	64	73	60	60
Somewhat comfortable	24	19	31	22
Neither comfortable nor uncomfortable	7	6	6	8
Somewhat uncomfortable	2	2	2	2
Very uncomfortable	4	0	2	8

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm at school (/ college / university / work)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	30	42	23	28
Somewhat comfortable	34	29	41	32
Neither comfortable nor uncomfortable	20	16	18	24
Somewhat uncomfortable	8	7	11	7
Very uncomfortable	8	7	7	9

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm at clubs or sport groups

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	27	39	29	18
Somewhat comfortable	33	34	34	30
Neither comfortable nor uncomfortable	18	12	19	21
Somewhat uncomfortable	13	8	10	19
Very uncomfortable	9	7	8	12

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm chatting to friends / playing games with others online

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	44	47	50	38
Somewhat comfortable	31	27	34	31
Neither comfortable nor uncomfortable	16	20	12	17
Somewhat uncomfortable	4	2	2	5
Very uncomfortable	5	4	2	8

AGE 7-25 – How comfortable do you feel being yourself in the following settings – When I'm spending time alone doing something I enjoy

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	73	74	73	72
Somewhat comfortable	14	14	17	11
Neither comfortable nor uncomfortable	6	4	4	8
Somewhat uncomfortable	4	4	4	3
Very uncomfortable	3	3	1	5

AGE 7-25 – Do you feel you have to change how you act and what you say to fit in with – Your family

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	9	11	8	8
Often	11	6	12	13
Sometimes	17	11	14	24
Occasionally	13	8	13	15
Never	50	63	53	41

AGE 7-25 – Do you feel you have to change how you act and what you say to fit in with – Your friends

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	8	13	8	4
Often	9	8	12	7
Sometimes	21	15	21	25
Occasionally	21	15	20	27
Never	41	50	39	37

AGE 7-25 – Do you feel you have to change how you act and what you say to fit in with – People at school

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	12	15	14	10
Often	19	11	21	22
Sometimes	28	26	23	33
Occasionally	19	16	21	19
Never	22	31	22	17

AGE 7-25 – Do you feel you have to change how you act and what you say to fit in with – When you are online / on social media

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Always	7	12	10	4
Often	14	11	14	15
Sometimes	27	24	23	31
Occasionally	20	13	22	22
Never	32	40	30	29

AGE 13-25 – In the past year have you experienced sexual harassment (eg. sexist comments or jokes, cat-calls, unwanted attention or touching) during the following?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
<i>None of these</i>	42	-	41	42
While out and about in my community	33	-	29	35
While on social media	27	-	26	28
While at school / college / university / work	21	-	21	21
While on public transport	19	-	16	21
While playing sports or exercising	10	-	8	11

MY HEALTH AND WELLBEING

AGE 7-25 – How happy are you most of the time?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very happy	26	40	25	19
Quite happy	58	50	60	62
Not very happy	13	8	13	16
Not at all happy	2	2	2	3

AGE 7-25 – What sorts of things do you worry about in your everyday life?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
What other people think about me	54	48	61	52
Pressure to do well at school	51	43	55	52
Pressure to look a certain way	40	19	43	50
Getting on with my friends	34	36	40	27
Pressure to have the latest clothes, phone etc.	24	17	31	23
Something else	13	15	13	13
None of these	12	20	10	9

AGE 7-25 – What do you do to relax or feel good about yourself?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Spend time with friends	67	65	73	63
Spend time with family	54	57	54	51
Do something creative like draw, play or write	40	59	36	32
Spend time outdoors	37	56	28	33
Spend time on social media	35	26	50	30
Play sport or exercise	35	46	30	32
Something else	15	22	14	10
None of these	2	0	2	3

AGE 7-25 – How often do you play sport or do some kind of exercise?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Every day	21	42	21	8
Three or four times a week	23	32	23	18
Once or twice a week	27	17	36	27
Less than once a week	8	3	5	14
A couple of times a month	8	4	5	12
Never	13	2	10	21

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Mental health issues like stress, depression, anxiety

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	23	-	25	21
Somewhat comfortable	32	-	27	34
Neither comfortable nor uncomfortable	14	-	17	13
Somewhat uncomfortable	18	-	18	18
Very uncomfortable	13	-	12	14

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Periods

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	34	-	29	37
Somewhat comfortable	29	-	32	27
Neither comfortable nor uncomfortable	13	-	14	13
Somewhat uncomfortable	13	-	12	13
Very uncomfortable	11	-	13	10

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Sex and pregnancy

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	19	-	14	21
Somewhat comfortable	27	-	24	29
Neither comfortable nor uncomfortable	17	-	28	13
Somewhat uncomfortable	23	-	19	25
Very uncomfortable	14	-	16	13

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Drugs and alcohol

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	35	-	38	34
Somewhat comfortable	30	-	26	32
Neither comfortable nor uncomfortable	15	-	14	15
Somewhat uncomfortable	12	-	11	12
Very uncomfortable	8	-	10	7

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Body image

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	20	-	17	21
Somewhat comfortable	28	-	26	28
Neither comfortable nor uncomfortable	18	-	24	16
Somewhat uncomfortable	20	-	14	22
Very uncomfortable	14	-	19	12

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Gender and sexuality

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	31	-	32	31
Somewhat comfortable	30	-	24	33
Neither comfortable nor uncomfortable	15	-	18	14
Somewhat uncomfortable	14	-	10	15
Very uncomfortable	10	-	16	7

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Cyber bullying

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	35	-	29	38
Somewhat comfortable	30	-	25	32
Neither comfortable nor uncomfortable	19	-	26	15
Somewhat uncomfortable	10	-	9	11
Very uncomfortable	6	-	11	3

AGE 13-25 – How comfortable do you feel talking about the following issues with a trusted adult (your parents, other family members, teachers, youth workers) – Sexual harassment

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Very comfortable	16	-	16	17
Somewhat comfortable	30	-	21	34
Neither comfortable nor uncomfortable	20	-	25	17
Somewhat uncomfortable	20	-	22	19
Very uncomfortable	14	-	15	13

AGE 13-25 – Do you know who to go to for information and support on the topics below – Mental health

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	84	-	75	88
No	16	-	25	12

AGE 13-25 – Do you know who to go to for information and support on the topics below – Advice about safe sex and contraception

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	88	-	81	91
No	12	-	19	9

AGE 13-25 – Do you know who to go to for information and support on the topics below – Sexual harassment and abuse

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	73	-	78	71
No	27	-	22	29

**AGE 13-25 – Do you know who to go to for information and support on the topics below –
Drugs and alcohol**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	83	-	84	83
No	17	-	16	17

**AGE 13-25 – Do you know who to go to for information and support on the topics below –
Domestic or partner abuse**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	70	-	62	73
No	30	-	38	27

**AGE 13-25 – Do you know who to go to for information and support on the topics below –
Problems with money or benefits**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	68	-	62	71
No	32	-	38	29

**AGE 13-25 – Do you know who to go to for information and support on the topics below –
Online bullying or abuse**

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	76	-	87	70
No	24	-	13	30

AGE 13-25 – Do you know girls your age who have experienced these things?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Depression	77	-	79	76
Anxiety disorder	68	-	62	71
Self-harming	63	-	71	60
An eating disorder	55	-	67	50
Control / Bullying from a partner	43	-	29	49
Homophobic bullying (bullying because of being lesbian / gay / bisexual / transgender etc.)	38	-	47	34
Viewed pornography	37	-	28	41
Rape / Sexual assault	37	-	27	41
Violence from a partner	33	-	25	36
Racist bullying	31	-	37	28
Any form of addiction	26	-	26	26
Threatened with sexual violence	22	-	18	24
Bullying about a disability	18	-	23	16
Struggled to afford tampons or pads	13	-	14	12
None of these	6	-	4	6

Girls in Scotland: data tables

AGE 13-25 – Do you know girls your age who have experienced these things? – by sexuality

%	<i>TOTAL</i>	<i>Heterosexual</i> <i>n=184</i>	<i>Other</i> <i>sexuality</i> <i>n=42</i>	<i>DK/NR</i> <i>n=25</i>
Homophobic bullying	38	30	59	59

AGE 13-25 – Do you know girls your age who have experienced these things? – by specific sexuality

%	<i>TOTAL</i>	<i>Lesbian / Gay</i> <i>n=5</i>	<i>Bisexual / Bi</i> <i>n=27</i>	<i>Questioning</i> <i>n=9</i>	<i>Other</i> <i>n=1</i>
Homophobic bullying	38	63	60	49	100

AGE 13-25 – Do you know girls your age who have experienced these things? – by ethnicity

%	<i>TOTAL</i>	<i>White</i> <i>n=198</i>	<i>Minority</i> <i>n=11</i>	<i>DK/NR</i> <i>n=42</i>
Racist bullying	31	29	75	26

AGE 13-25 – Do you know girls your age who have experienced these things? – by specific ethnicity

%	<i>TOTAL</i>	<i>Asian</i> <i>n=4</i>	<i>Black</i> <i>n=2</i>	<i>Mixed</i> <i>n=5</i>
Racist bullying	31	100	33	77

AGE 13-25 – Do you know girls your age who have experienced these things? – by disability

%	<i>TOTAL</i>	<i>Disabled</i> <i>n=27</i>	<i>Not</i> <i>disabled</i> <i>n=204</i>	<i>DK/NR</i> <i>n=20</i>
Bullying about a disability	18	42	14	33

MY COMMUNITY

AGE 7-25 – Which of these would you use to describe yourself?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
The town / city you are from	30	34	34	25
Scottish	74	67	73	78
British	21	18	29	17
European	9	5	8	12
Something else	7	21	3	1
<i>None of these</i>	2	4	2	1

AGE 7-25 – Does the area where you live offer facilities and activities for young people (eg. a sport centre, a library with internet access, youth and sports clubs)?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
It offers lots of facilities and activities for young people	34	47	23	34
It offers some facilities and activities for young people	42	41	47	39
It doesn't offer many facilities and activities for young people	20	10	25	23
It doesn't offer any facilities and activities for young people	3	2	4	3

AGE 7-25 – Which of these do you do in your spare time?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
<i>None of these</i>	44	13	35	68
I'm part of another group (drama, band, choir, art group etc.)	20	32	24	11
I'm part of a youth group (this could be Brownies / Girl Guides, Cubs / Scouts or another group local to you)	19	46	19	3
I'm part of a local sports team	18	31	22	7
I volunteer in my community	15	7	20	17
Something else	11	25	12	3

AGE 7-25 VOLUNTEERING – How often do you volunteer in your community?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Weekly	65	33	72	67
Monthly	25	15	25	29
A few times a year / Less often	10	53	3	5

AGE 7-25 – How would you describe public transport and how easy it is to get around in the area where you live?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
We have great public transport where I live and it's easy to get around	45	43	35	53
We have some public transport but it could be better	45	53	44	42
We have poor public transport where I live and it makes it hard to get around	10	4	21	5

AGE 10-25 – I feel safe going to my local park by myself

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	33	53	30	31
Somewhat agree	34	19	37	35
Neither agree nor disagree	14	13	14	15
Somewhat disagree	12	7	13	13
Strongly disagree	6	8	7	6

AGE 10-25 – I feel safe walking or travelling to school (college / university / work) by myself

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	43	55	45	39
Somewhat agree	35	33	33	37
Neither agree nor disagree	10	1	13	11
Somewhat disagree	9	7	7	10
Strongly disagree	3	4	2	3

AGE 10-25 – I feel safe going to my local shop by myself

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	48	55	45	48
Somewhat agree	33	24	37	34
Neither agree nor disagree	11	11	12	11
Somewhat disagree	5	5	3	6
Strongly disagree	3	5	3	2

AGE 10-25 – I feel safe going to my local sports centre, library or community centre by myself

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	38	45	37	37
Somewhat agree	35	32	36	35
Neither agree nor disagree	16	12	17	16
Somewhat disagree	8	11	7	9
Strongly disagree	3	1	2	3

MY VOICE AND MY FUTURE

AGE 7-25 – I would consider running to be a councillor, MSP or MP one day

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	8	8	8	7
Somewhat agree	6	5	6	7
Neither agree nor disagree	17	18	18	15
Somewhat disagree	15	12	18	15
Strongly disagree	54	57	50	55

AGE 7-25 – I would like to run my own business one day

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	26	41	17	23
Somewhat agree	28	19	28	34
Neither agree nor disagree	21	15	26	21
Somewhat disagree	13	13	17	10
Strongly disagree	12	12	12	12

AGE 7-25 – I would like to be a leader in my chosen job

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	31	35	25	33
Somewhat agree	31	26	32	32
Neither agree nor disagree	23	19	30	20
Somewhat disagree	9	11	6	10
Strongly disagree	6	8	7	4

AGE 7-25 – I would like to be famous / well know in my chosen job

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	23	42	17	15
Somewhat agree	27	26	26	28
Neither agree nor disagree	26	15	31	29
Somewhat disagree	12	7	12	15
Strongly disagree	13	10	14	13

AGE 7-25 – What do you worry about when you think of your future? - Being accepted to university or college

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	61	75	79	41
No	39	25	21	59

AGE 7-25 – What do you worry about when you think of your future? - Having enough money to afford university or college

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	61	70	73	48
No	39	30	27	52

AGE 7-25 – What do you worry about when you think of your future? - Getting a good job

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	85	76	91	87
No	15	24	9	13

AGE 7-25 – What do you worry about when you think of your future? - Balancing my career and having a family

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	71	62	70	76
No	29	38	30	24

AGE 7-25 – What do you worry about when you think of your future? - Being able to afford my own home

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	83	74	86	86
No	17	26	14	14

AGE 7-25 – Do you think political parties should ensure at least half of their candidates running to become councillors, MSPs and MPs should be women?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	69	80	68	66
No	31	20	32	34

AGE 7-25 – Do you feel this would encourage more girls and young women to consider getting into politics?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	80	84	81	79
No	20	16	19	21

AGE 7-25 – How well do you feel politicians at every level of government understand the issues that affect your life and the lives of other girls? – Local councillors

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Understands very well	15	19	18	12
Understands somewhat	29	37	20	32
Understands a bit	30	32	31	28
Doesn't understand at all	26	12	31	28

AGE 7-25 – How well do you feel politicians at every level of government understand the issues that affect your life and the lives of other girls? – Members of the Scottish Parliament (MSPs)

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Understands very well	13	24	12	10
Understands somewhat	32	30	29	35
Understands a bit	30	32	29	30
Doesn't understand at all	25	13	31	26

AGE 7-25 – How well do you feel politicians at every level of government understand the issues that affect your life and the lives of other girls? – Members of the UK Parliament (MPs)

Girls in Scotland: data tables

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Understands very well	11	22	11	7
Understands somewhat	31	29	27	33
Understands a bit	28	39	24	27
Doesn't understand at all	31	10	38	33

AGE 7-25 – I expect to have the same opportunities to progress in my career as men

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	72	74	75	70
Somewhat agree	19	16	17	21
Neither agree nor disagree	7	6	7	8
Somewhat disagree	1	2	1	1
Strongly disagree	1	3	0	1

AGE 7-25 – I expect to be paid the same salary as men in the same or similar type of job

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	78	83	75	76
Somewhat agree	15	11	17	16
Neither agree nor disagree	5	4	4	6
Somewhat disagree	1	0	3	1
Strongly disagree	1	2	0	1

AGE 7-25 – I expect to split childcare and housework equally with my future partner

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Strongly agree	63	69	66	58
Somewhat agree	23	13	18	30
Neither agree nor disagree	11	11	14	8
Somewhat disagree	2	3	1	3
Strongly disagree	2	4	0	1

AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Studying at your university

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	10	13	16	4
The same for men and women	87	82	82	92
Harder for men	4	4	2	4

AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Becoming a leader in your chosen career

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	45	26	50	54
The same for men and women	52	71	50	43
Harder for men	2	3	0	3

AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Balancing your career with family commitments like childcare

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	43	21	43	55
The same for men and women	49	70	53	36

Girls in Scotland: data tables

Harder for men	7	9	4	9
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AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Owning your own home

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	17	18	14	19
The same for men and women	80	77	86	77
Harder for men	3	5	0	4

AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Having a job that pays a good salary

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	43	29	44	50
The same for men and women	55	69	56	47
Harder for men	1	2	0	2



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AGE 7-25 – Do you expect the following to be more challenging because you are female?

- Starting your own business

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Harder for women	32	26	34	34
The same for men and women	67	71	66	65
Harder for men	1	3	0	1

AGE 7-25 – Would you consider taking a job with a company if you knew most or all female employees were being paid less than the male employees?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	17	18	17	16
No	83	82	83	84

AGE 7-25 – Thinking about your future, do you feel you have the same career opportunities compared to young people in England, Wales and Northern Ireland?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	64	82	62	57
No	36	18	38	43



Girls in Scotland: data tables

PROFILE

AGE 7-25 – Which of these do you belong to, or have you belonged to in the past?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Rainbows	28	27	33	26
Brownies	43	42	41	44
Guides	23	14	24	28
Senior Section	3	1	2	4
None of these	46	49	48	42

AGE 7-25 – Which of these broad groups best describe your ethnic background?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
White	90	77	91	95
Asian / Asian British	3	3	5	0
Black / African / Caribbean / Black British	2	6	1	1
Mixed	5	11	2	4
Other	1	3	1	0

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AGE 7-25 – What is your religion?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Christian	41	60	34	36
Muslim	2	1	1	2
Buddhist	1	0	2	1
Hindu	0	0	1	0
Sikh	0	0	0	1
Jewish	0	0	1	0
Another religion	2	5	3	1
None	53	35	58	60

AGE 7-25 – Do you consider yourself to have a disability?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Yes	11	12	10	12
No	89	88	90	88

AGE 12-25 – Do you think of yourself as...

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Straight / heterosexual	80	-	77	82
Bisexual or Bi	13	-	12	13
Questioning	4	-	8	2
Lesbian / gay	2	-	2	3
Something else	0	-	1	0

AGE 12-25 – How would you describe your gender?

%	TOTAL	7-11 yrs	12-17 yrs	18-25 yrs
Female	99	-	98	100
Male	0	-	0	0
Prefer to self-describe	1	-	2	0